

Barefoot On The Dance Floor

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2
編舞者: Betty Moses (USA) - April 2020
音樂: Barefoot - Thomas Rhett

級數: Beginner / Improver



Intro: 32 counts

[1-8] Walk Forward R-L, Mambo Forward, Step Back L-R Coaster Cross

1-2 Step R forward, Step L forward
3&4 Rock forward on R, Recover weight on L, Step R back
5-6 Step L back, Step R back
(Turning Option: Step forward on L turning ½ over left shoulder, Step back on R turning ½ over left shoulder)
7&8 Step back on L, Step R next to L, Cross L over R

[9-16] Side Rock/Recover, Triple Step In Place, Rocking Chair

1-2 Rock R to side, Recover Weight on L
3&4 Triple in place R-L-R
5-8 Rock forward on L, Recover Weight on R, Rock back on L, Recover weight on L

[17-24] Pivot 1/2 Turn, Triple Forward, Side Rock/Recover, Syncopated Weave Left

1-2 Step forward on L, Pivot ½ turn over right shoulder 6:00
3&4 Triple forward L-R-L
5-6 Rock R to side, Recover weight on L
7&8 Step R behind L, Step L to side, Cross R over L

[25-32] Side Rock/Recover, Behind/Side Step Forward, ½ Turn Pivot, ½ Turn Pivot

1-2 Rock L to side, Recover weight on R
3&4 Step L behind R, Step R to side, Step L forward
5-8 Step R forward, Pivot ½ turn over left shoulder, Step R forward, Pivot ½ turn over left shoulder (Non turning option: Rocking Chair)

Wall 4 & 8: Dance to count 12 (after the side rock/recover triple in place) add: Rock L to side, Triple in place – then restart the dance

Wall 7: Restart the dance after 20 counts facing (after the triple step forward) 12:00

It's always a great day to dance ☐

Contact: dorbmoses@msn.com

Last Update - 24 Oct. 2020