That's My Boy



拍數: 32 牆數: 2 級數: High Beginner

編舞者: Wanda Heldt (AUS) - April 2020

音樂: Let's Hear It for the Boy - Deniece Williams 或: Let's Hear It for the Boy - Jana Kramer



Requested by Dear Alice Leng Lim. [like the rest of us staying home and dancing alone] Like the music very much and asked me to Chor. a dance for her to this music.:-)

I did not add any tags or restarts etc... just keeping it simple!! no stress just Dance straight through. Have Fun XX.

S1. STEP, TOGETHER, SIDE, R.L.R. Lean body to the R, KICK LEFT TO LEFT SIDE, STEP BEHIND, SIDE, CROSS, HOLD.

1-4 Step side together, side Right, Left, Right, Kick Left to Left side.

5-8 Step Left behind Right, Step Right to side, Cross Left over Right, Hold.

S2. ROCK BACK ON RIGHT [Sit], RECOVER ON LEFT, SHUFFLE 1/2 TURN LEFT R.L.R, ROCK BACK ON LEFT [Sit], RECOVER ON RIGHT, SHUFFLE FORWARD L.R.L.

1 Rock back on Right into a sit position body facing [3], Left knee bend with toe on floor.

2. Recover on Left [12]

3&4 Shuffle 1/2 turn Left R.L.R [6]

5 Rock back on Left into a sit position body facing [9], Right knee bend with toe on floor

6 Recover on Right [6] 7&8 Shuffle forward L.R.L.

S3. VINE RIGHT, VINE LEFT or ROLLING VINES

1-4 Step Right to side, Step Left behind, Step Right to side, Touch with Left.

5-8 Step Left to side, Step Right behind Left, Step Left to side, Touch or Kick Right.

S4. JAZZ BOX, SWAYS HIPS SWAYS

1-4 Step Right over Left, Step back on Left. Step Right to Right aside, Step Left together.

5-8 Sway Hips R.L.R.L

Restart dance... HAVE FUN IN LIFE & IN DANCE - No Tags or Restarts

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