

Irish Lock-In

拍數: 64
編舞者: Tinka T - April 2020

牆數: 2

級數: Beginner / Improver

音樂: The Irish Rover - The Dubliners & The Pogues : (Album: The Ultimate Collection - iTunes)



+Step L side, R foot on toe (prep step)

Step touch R, step touch L CLAPPING!, Triple step R & L side

- 1-2 Step R side Touch L foot in to R (clap hands on 2)
- 3-4 Step L side Touch R foot in to L Step R side Touch L foot in to R (clap hands on 4)
- 5&6 Step R side, L foot close in weight no L ball of foot, Step R foot in place
- 7&8 Step L side, R foot close in weight on R ball of foot, Step L foot in place

R forward lock step, brush, L lock step forward brush

- 1-4 Step R forward, lock L behind, step R fwd, brush L through
- 5-8 Step L forward, lock R behind, step L fwd, brush R through

Step touch R, step touch L CLAPPING!, Triple step R & L

- 1-2 Step R side Touch L foot in to R (clap hands on 2)
- 3-4 Step L side Touch R foot in to L Step R side Touch L foot in to R (clap hands on 4)
- 5&6 Step R side, L foot close in weight no L ball of foot, Step R foot in place
- 7&8 Step L side, R foot close in weight on R ball of foot, Step L foot in place

R lock step back, hitch L, L lock step back hitch

- 1-4 Step R back, lock L behind, step R fwd, hitch L or cross infant on ankle
- 5-8 Step L back lock R behind, step L fwd, brush R through

Weave R, R chasse, Back rock L

- 1-4 Step R to side, L foot step behind R, Step R to side, L in front R
- 5 & 6 Step R to side, Close L in place, step R to side
- 7-8 Step back L, step R foot recover

Weave L, Monterey (1/4 turn R)

- 1-4 Step L to L side, R foot step behind L, Step L to side, R in front L
- 5-8 (Turning 1/4 towards right) L toe point to L side, close in place. R toe point to R side, close in place) 1/4 turn R

Chasse L/R/L/R i (In full circle to L-lifting same are up as leg.....Irish arms!!!!)

- 1&2 Step L, close R foot in place, step L-travelling in circle
- 3&4 Step R, close L foot in place, step R-travelling in circle
- 5&6 Step L, close R foot in place, step L-travelling in circle
- 7&8 Step R, close L foot in place, step R-travelling in circle L toe touch forward & L toe touch side, Coaster step L, R toe touch forward & R toe touch side, Coaster step R

L toe touch forward the L side, coaster L, R toe touch forward side, coaster R (1/4 turn R)

- 1-2 L toe touch forward & L toe touch side
- 3&4 L step back, close R to L, L forward
- 5-6 R toe touch forward & R toe touch side
- 7&8 R step back, close L to R, R forward (1/4 turn R)

Start again facing wall 2 (back) remember to prepare on count &

***HALF WAY THROUGH SPEED SLOWS so chasse slowly round in circle then back to normal pace. WELL

DONE!
