# Forever U & Me



拍數: 64 牆數: 4 級數: Intermediate

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Darmoredjo (INA) - April 2020

音樂: After All by Peter Cetera & Cher



# Intro: 16 counts - Start dancing on the word "Again"

\*1 Tag

\*\*2 Restart on wall 1 & 4

# Sec.1: NIGHT CLUB BASIC, STEP FWD, TOGETHER & LUNGE, HITCH, BACK ROCK

1-2& Take big step R to R side, cross L behind R, recover on R3-4& Take big step L to L side, cross R behind L, recover on L

Step R fwd, together L next to R, touch R fwd with lunge (weight fwd)

7-8& Hitch R, back rock R, recover on L

#### Sec.2: 1/2 TURN, BACK ROCK, 1/4 TURN SPIRAL, SYNCOPATED CROSS ROCK, CONTINUE WEAVE

1-2& 1/2 turn L stepping R back, step L back, recover on R
3-4 Step L fwd and 1/4 turn R with spiral, step R to R side

5&6 Cross L over R, recover on R, step L to L side

7&8& Cross R over L, step L to L side, cross R behind L, step L to L side

#### Sec.3: CROSS & 1/2 SWIVEL L, 1/2 SWIVEL R, CROSS SIDE BEHIND, 1/4 CHASSE, 1/4 PIVOT

1-2-3 Cross R over L, 1/2 turn L (weight on L), 1/2 turn R (weight on R)

4&5 Cross L over R, step R to R side, cross L behind R

6&7 Step R to R side, close L beside R, 1/4 turn R stepping R fwd

8-1 Step L fwd, 1/4 pivot turn R (weight on R)

# Sec.4: TOGETHER, SIDE SWAYS, SIDE, BEHIND SIDE (BALL), CROSS ROCK, SIDE (BALL) CROSS WITH 3/4 UNWIND

&2-3 Together L next to R, step slightly R side swaying hips, sway hips L

4-5& Step R to R side, cross L behind R, step R to R side (ball)

6-7 Cross L over R, recover on R

&8-1 Step L to L side (ball), cross R over L, 3/4 unwind turn L, (weight on middle)

#### Sec.5: LOCK SHUFFLE, CROSS SIDE BEHIND, SWEEP SIDE CROSS DIAGONAL, 1/2 PIVOT DIAGONAL

2&3 Step R fwd, close L behind R, step R fwd

4&5 Cross L over R, step R to R side, cross L behind R

6&7 Sweep R around from in front to behind L, step L to L side, cross R (still diagonal)

8&1 Step L fwd (still diagonal), 1/2 pivot turn R, step L fwd (still diagonal)

#### Sec.6: FULL TURN DIAGONAL, 1/8 NIGHT CLUB BASIC, STEP FWD, 1/2 PIVOT

2& Make 1/2 turn L stepping R back (still diagonal) Make 1/2 turn L stepping L fwd (still diagonal)

3-4& 1/8 Big step R to R side, cross L behind R, recover on R 5-6& Big step L to L side, cross R behind L, recover on L

7-8&1 Step R fwd, step L fwd, 1/2 pivot turn R, step L fwd (weight fwd)

# Sec.7: FULL TURN, FWD MAMBO, BACK LOCK SHUFFLE, BACK ROCK, FULL TURN SPIRAL

2&3 Make 1/2 turn L stepping R back, make 1/2 turn L stepping L fwd, step R fwd

4&5 Step L fwd, recover on R, step L back

Step R back with sweep , close L over R, step R back

8&1 Step L back, recover on R, step L fwd with full turn spiral (footprint on L)

# Sec.8: LOCK SHUFFLE FWD, ROCK STEP FWD, 1/2 SAILOR, TOGETHER, STEP FWD

2&3 Step R fwd, close L behind R, step R fwd

4-5 Step L fwd, recover on R

6&7 1/2 sailor turn L with sweep L around step L to L side, step R to R side

Step L fwd (small)

&8 Together R next to L, step L fwd

# #1 Tag (3 counts) on wall 3 facing (12:00) HIP BUMPS

1&2-3 Step slightly R side swaying hips, hip sway L, hip sway R, hip sway L

#Restart on wall 1 after 61 counts facing (3:00) ##Restart on wall 4 after 4 counts facing (9:00)

Happy dancing & stay home 4 a while!