Machen wir das Beste draus



拍數: 32 牆數: 4 級數: Improver

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音樂: Machen wir das Beste draus (homerecordings) - Silbermond



The dance begins after 32 beats (After 'Frühling muss halt ohne uns blühen', then 5,6,7,8)

Side, behind-side-cross, side, rock back, rock forward

1-2	Step with RF to right side - cross LF behind RF
&3-4	Step with RF to right side, cross LF over RF - step with RF to right side
5-6	Step backwards with LF - weight back on RF
7-8	Step forward with LF - weight back on RF

Shuffle back turning ½ I, shuffle forward turning ½ I, rock back, step, point

1&2	1/4 Turn left around and step with LF to left side - RF beside LF, 1/4 Turn left around and step forward with LF (6 o'clock)
3&4	1/4 Turn left around and step with RF to right side - LF beside RF, 1/4 Turn left around and step backwards with RF (12 o'clock)
5-6	Step backwards with LF - weight back on RF
7-8	Step forward with LF - touch right toe to right side

Jazz box turning 1/4 r, cross, 1/4 turn r & walk 2

1-2	Cross RF over LF - 1/4 turn right around and step backwards with LF (3 o'clock)
3-4	Step with RF to right side - step forward with LF
5-6	Cross RF over LF - 1/4 turn right around and step backwards with LF (6 o'clock)
&7-8	RF beside LF and 2 steps forward (I - r)

Rocking chair, step, pivot 1/4 r, shuffle across

1-2	Step forward with LF - weight back on RF	
3-4	Step backwards with LF - weight back on RF	
5-6	Step forward with LF - 1/4 turn right around on both bales, weight at end right (9 o'clock)	
7&8	Cross LF far over RF - small step with RF to the right side and cross LF far over RF	

Repeat until the end

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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