# Train Station (车站)



拍數: 95 編數: 4 級數: Phrased Improver

編舞者: LDLG (SG) - April 2020

音樂: Train Station (車站) (Edit) - Zhang Xiu Qing (張秀卿)



Sequence: Waltz step x 3, tag 1; A, B, B, B, tag2, A-16 counts; B, B, tag2, A-16 counts, ending.

# Waltz Step - 27 counts

# Section 1: Forward Hitch Kick, Forward Sweep

1-6 (LF)Forward step (1), (RF) lift up from back to front low kick forward (2,3); RF Step forward (4), (LR) Sweep from back to front (5,6).

# Section 2: Triple step

1-6 (LF) Forward (1), RF step beside LF (2), LF step beside RF (3); RF Back step (4), LF step

beside RF (5), RF step beside LF (6)

### Section 3: Cross Twinker, Twinker turn

1-6 (LF) Cross over RF(1), RF step beside LF(2), LF step beside RF(3); RF Cross over LF(4), LF

step back 1/4 right turn(5), 1/4 right turn RF step side (facing 6 o'clock)

#### Section 4: Cross recover side

1-6 LF-Cross over RF (1), RF recover (2), LF step left (3), RF cross LF (4), LF recover (5), RF

touch (6)

#### Section 5: Swav

1-3 Hip Sway R (1), L (2), R (3) weight on RF.

#### Part 2: 68 counts

# A: 32 counts

# Section 1: Back Shuffle, Forward Shuffle

1,2,3&4 RF forward, LF recover, RF Back shuffle.

5,6,7&8 LF step back, RF recover, LF forward shuffle.

#### Section 2: Side Rock Triple Step.

1,2,3&4 RF side rock, LF recover, RF step together, LF step in place. RF step in place

5,6,7&8 LF side rock, RF recover, LF step together, RF step in place. LF step in place

#### Section:3: Forward ½ Turn Shuffle, Forward ½ Turn Shuffle

1,2,3&4 RF forward 1/2 left turn, LF in place, RF forward, LF slightly behind RF, RF forward

5,6,7&8 LF forward 1/2 right turn, RF in place, LF forward, RF slightly behind LF, LF forward

#### **Section 4: Monterey Turn**

1,2,3,4 RF point right, 1/4 right turn+ together, LF point left and step together

5,6,7,8 RF point right, 1/4 right turn+ together, LF point left and step together

#### B: 36 counts

#### Section 1: SIDE TOUCH (WITH HIP BUMP x2, BEHIND, SIDE, CROSS

1-2 RF touch side to right with hip bump twice

3&4 RF step behind left, LF step to left, RF cross over LF

5-6 LF touch side to left with hip bump twice

7&8 LF step behind RF, RF step right, LF cross RF

#### Section 2: Jazz Box

1-4 RF cross over LF, LF step back, RF step side, LF cross over right

#### Section 3: Side rock, Cross shuffle x 2

1-4 RF step right, LF recover, RF cross, LF side, RF cross 5-8 LF step left, RF recover, LR cross, RF side, LF cross

# Section 4: Forward recover, Coaster Step

1-2 RF forward, LF recover

3&4 RF back, LF together, RF forward

5-6 LF forward, RF recover

7&8 LF back, RF together, LF forward

# Section 5: V step

1-4 RF step out, LF step out, RF back in, LF back in

# Tag 1:

1-4 Side touch, side touch,5-8 Sway (R, L, R, L)

Tag 2:

1-4 Side touch, side touch

# **Ending: 12 counts**

# Section 1: Side Drag x 2

1-4 RF big step to right, LF drag next to RF, RF step beside LF, LF step beside RF 5-8 LF big step to left, RF drag next to LF, LF step beside RF, RF step beside LF

#### Section 2: Ball Cross 3/4 Unwind

&,1-4 LF cross voer RF 3/4 unwind to right, LF step left, RF behind touch.