

Lonely

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Inunk Beemond (INA) & Chinta Hersinta Beemond (INA) - April 2020
音樂: Solito (Lonely) (feat. Nicky Jam & Akon) - Messiah



The dance starts after the music going for approximately 30 seconds

No Tag – No Restart

S1: HEEL DIGS, BESIDE, HEEL TAP

1&2& Tap R heel forward, Step R next to L, Tap L heel forward, Step L net to R
3-4& Tap R heel forward twice, Step R next to L
5&6& Tap L heel forward, Step L next to R, Tap R heel forward, Step R next to L
7&8 Tap L heel forward, Drop R heel

S2: CROSS OVER, BACK, RIGHT CHASSE, CROSS OVER, TURN ¼ LEFT BACK, FORWARD LOCK SHUFFLE

1-2 Cross R over L, Step L back
3&4 Step R to side, Step L next to R, Step R to side
5-6 Cross L over R, Make ¼ L turn step R back
7&8 Step L forward, Lock R behind L, Step L forward

S3: V-STEP, DIAGONAL LOCK SHUFFLE (RIGHT, LEFT)

1-4 Step R forward to R diagonal, Step L forward to L diagonal, Step R back to home position,
Step L back to home position
5&6 Step R forward to R diagonal, Lock L behind R, Step R forward to R diagonal
7&8 Step L forward to L diagonal, Lock R behind L, Step L forward to L diagonal

S4: PIVOT ½ LEFT, FORWARD LOCK SHUFFLE, PIVOT ½ RIGHT, FORWARD LOCK SHUFFLE

1-2 Step R forward, Pivot ½ L turn
3&4 Step R forward, Lock L behind R, Step R forward (3.00)
5-6 Step L forward, Pivot ½ R tun
7&8 Step L forward, Lock R behind L, Step L forward (9.00)

Begin Agin & Have Fun

For more information about this dance please contact me at: chintabeemond123@gmail.com