God Bless You Mother

級數: Easy Beginner

編舞者: Betty Lee (CAN) - May 2020

音樂: God Bless You Mother - Dave Sheriff

Intro: 16 counts - No tags, No restarts

拍數: 32

Section 1: Forward Rock, Lock Step Back, Back Rock, Lock Step Forward

- 1-2 Rock step forward R, Recover to L,
- 3&4 Step back R, Cross L in front of R, Step back R
- 5-6 Rock step back L, Recover to R
- 7&8 Step forward L, Cross R behind L, Step forward L

Section 2: Cross, ¼ R Back, Side Shuffle, Weave ¼ R

- 1-2 Cross R over L, Make 1/4 R turn stepping back on L (3:00)
- 3&4 Step R to R, Step L next to R, Step R to R
- 5-8 Cross L over R, Step R to R, Cross L behind R, Make ¼ R turn stepping forward on R (6:00)

Section 3: (Forward Rock, Coaster Step) L&R

- 1-2 Rock step forward L, Recover to R
- 3&4 Step back on L, Step R next to L, Step forward L
- 5-6 Rock Step Forward R, Recover to L
- 7&8 Step back on R, Step L next to R, Step forward R

Section 4: Dorothy Step L&R, Forward Rock, Shuffle 1/2 L

- 1-2& Step forward L to L diagonal (4:30), Step R behind L, Step forward L
- 3-4& Step forward R to R diagonal (7:30), Step L behind R, Step forward R
- 5-6 1/8 L Turn Rock step forward L (6:00), Recover to R
- 7&8 1/4 Turn L step L to L (3:00), Step R next to L, 1/4 Turn L step forward L (12:00)

Repeat

Happy Mother's Day, 2020!





牆數: 1