

Always

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: High Intermediate NC2S
編舞者: Frédéric Marchand (FR) - December 2019
音樂: Always - Gavin James



Intro : 8 counts - Start on the lyrics - Body weight on the left foot

Séquence : 48 – 40 – R – 48 – 48 – 8 – FINAL

Style : NIGHT CLUB TWO STEP

S1: NIGHT CLUB BASIC RIGHT & LEFT, STEP 1/4 RIGHT, SWEEP LEFT, SPIRAL TURN RIGHT, SWEEP RIGHT, BEHIND, LEFT SIDE

- 1 Big Step Right to Right side, [12 o'clock]
2&3 Close Left next to Right foot (3rd Position), Cross Right over Left, Big Step Left to Left side
4&5 Close Right next to Left foot (3rd Position), Cross Left over Right, Make 1/4 Right Step Right Fwd [03 o'clock]
6&7 Make a circular movement with the Left leg from back to front and finish Left Foot Crossed in front of Right Foot (Weight Ends On Left), Full turn Spiral Right (Weight Ends On Left), Make a circular movement with the Right leg from front to back
8& Cross Right Behind Left (Weight Ends On Right), Step Left to Left side FINAL here
(***Option Easy: Replace the SPIRAL TURN RIGHT by 1/2 STEP TURN RIGHT, 1/2 TURN BACK RIGHT)

S2: CHECK RIGHT, RIGHT SIDE, STEP LEFT, FORWARD SWEEP RIGHT AND LEFT, FORWARD SWEEP ROCK STEP RIGHT, RECOVER, 1/2 TURN RIGHT, 1/2 TURN RIGHT, 1/2 TURN RIGHT

- 1 Cross Right over Left,
2&3 Recover on Left (Weight Ends On Left), Step Right to Right side, Step Left Fwd
4-5 Make a circular movement with the Right leg from back to front and finish Right Foot Fwd (Weight Ends On Right), Make a circular movement with the Left leg from back to front and finish Left Foot Fwd (Weight Ends On Left)
6&7 Make a circular movement with the Right leg from back to front and finish Right Foot Fwd (Weight Ends On Right), Recover on Left (Weight Ends On Left), Make 1/2 turn Right stepping Right Fwd [09 o'clock]
8& Make 1/2 turn Right stepping Left Back [03 o'clock], Make 1/2 turn Right stepping Right Fwd [09 o'clock]

S3: 1/4 TURN RIGHT NIGHT CLUB BASIC LEFT, RIGHT SIDE, DIAMOND 3/4 TURN

- 1 Make 1/4 turn Right with Big Step Left to Left side, [12 o'clock]
2&3 Close Right next to Left foot (3rd Position), Cross Left over Right, Big Step Right to Right side
4&5 Make 1/8 turn Left stepping Left Back [10:30], Step Right back, Make 1/8 turn Left Stepping Left to Left side [09 o'clock]
6&7 Make 1/8 turn Left stepping Right Fwd [07:30], Step Left Fwd, Make 1/8 turn Left Stepping Right to Right side [06 o'clock]
8& Make 1/8 turn Left stepping Left Back [04:30], Step Right back

S4: NIGHT CLUB BASIC LEFT, RIGHT SIDE, CROSS ROCK STEP LEFT, RECOVER, SIDE LEFT, KNEES ROLLS LEFT & RIGHT & LEFT, SWEEP RIGHT & SAILOR STEP MODIFIED STEP FWD 1/2 RIGHT

- 1 Make 1/8 turn Left with Big Step Right to Right side, [03 o'clock]
2&3 Close Right next to Left foot (3rd Position), Cross Left over Right, Big Step Right to Right side
4&5 Cross Left over Right, Recover on Right, Big Step Left to Left side (Weight Ends On Left)
6&7 Knee Roll Right folded and inside, Knee Roll Right folded and outside, Knee Roll Right folded and inside
8&1 Make a circular movement with the Right leg from front to back and finish Right Foot Crossed in Behind of Left Foot, Make 1/2 turn Right Step Left on Left, Step Right Fwd [09 o'clock]

S5: STEP LEFT, STEP RIGHT, ROCK STEP LEFT, RECOVER, POINT BACK, UNWIND 1/2 TURN LEFT,

1/2 TURN BACK LEFT, SAILOR STEP MODIFIED STEP FW 1/4 LEFT

- 2-3 Step Left Fwd, Step Right Fwd
4&5 Step Left Fwd, Recover on Right, Step toe left behind Right
6-7 1/2 Turn Left finish cross-legged (Weight Ends On Left) [03 o'clock], Make 1/2 turn Left stepping Right Back [09 o'clock]
8&1 Cross Left Behind Right, Make 1/4 turn Left Step Right on Right, Step Left Fwd (Weight Ends On Left) [06 o'clock]

RESTART here on the wall 2 face 12 o'clock

S6: 1/2 TURN LEFT, 1/2 TURN LEFT, STEP RIGHT, DEVELOP, SWEEP RIGHT WITH FOLLOW THROUGH POINT RIGHT, HOLD

- 2-3 Make 1/2 turn Left stepping Right Back [12 o'clock], Make 1/2 turn Left stepping Left Fwd [06 o'clock]
4-5 Step Right Fwd (Weight Ends On Right), Slide the left foot back to front and lift the knee 90°
6-7 Extend the left leg Fwd, Recover onto Left foot (Weight Ends On Left)
8& Make a circular movement with the right leg from front to back and finish right foot next to the left foot (Weight Ends On Left), Hold

RESTART WALL 2 END SECTION 5

FINAL WALL 6 SECTION 1 CHANGE BEHIND, LEFT SIDE BY SAILOR CROSS 1/4 RIGHT
Cross Right Behind Left, Make 1/4 turn Right Step Left on Left, Step Right Cross over the Left

Start again with a smile

Contact : fred.linedance@gmail.com V2-FM-UK le 08/05/2020

Last Update - 9 May 2020
