Southpaw

拍數: 32

級數: High Beginner

編舞者: Anne Kari Andersen (NOR) - May 2020

音樂: Southpaw - Kip Moore

Intro: Start the dance app. 28 sec. into track, on the word 'cowboy'.

RUMBA BOX

- 1-2 Step R to R side, step L next to R
- 3-4 Step R forward, hold
- 5-6 Step L to L side, step R next to L
- 7-8 Step L back, hold

COASTER STEP, LOCK SHUFFLE FORWARD

- 1-2-3-4 Step back on R, step L next to R, step forward on R, hold
- 5-6-7-8 Lock shuffle forward L-R-L, hold

STEP ¼ TURN L, WEAVE, 1/8 TURN L, ROCK RECOVER

- 1-2 Step R forward, ¼ turn (9:00)
- 3-4-5-6 Cross R over L, step L to L side, cross R behind L, step L to L side
- 7-8 1/8 turn L rock R forward R, Recover L (7:30)

COASTER STEP, 1/8 TURN R SIDE ROCK RECOVER, STEP, TOUCH

- 1-2-3-4 Step back on R, step L next to R, step forward on R, hold
- 5-6 1/8 turn R side rock L, recover R (9:00)
- 7-8 Step L to middle, touch R next to L





牆數:4

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