

# Your Mama

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Jackie Wheeler (USA) - May 2020  
音樂: No Excuses - Meghan Trainor



**Intro: 16 counts. No tags or restarts**

**[1-8] Lindy right, left toe strut, right toe strut**

1&2, 3,4      Shuffle R L R to the right, rock back L, recover R  
5 6 7 8      Left toe strut to the diagonal (10:30), Right toe strut to diagonal (10:30)

**[9-16] Lindy left, right toe strut, left toe strut**

1&2, 3,4      Shuffle L R L to the left, rock back R, recover L  
5 6 7 8      Right toe strut to the diagonal (1:30), Left toe strut to diagonal (1:30)

**[17-24] Grapevine right, Grapevine left with ¼ left and brush**

1 2 3 4      Step R side (squared up to 12:00), L behind, R side, touch L next to R.  
5 6 7 8      Step L side, R behind, L ¼ turn left, brush R (9:00)

**[25-32] Tap R forward, side, triple, Tap L forward side, triple**

1, 2, 3&4      Tap R toe forward, tap R toe right, triple R L R  
5, 6, 7&8      Tap L toe forward, tap L toe left, triple L R L (9:00)

**No Tags/Restarts**

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