

You Know What I'm Talking About

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
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音樂: If You Know, You Know - Nick Alligood



Dance begins after 32 counts, on lyric "Walmart"

(1-8) Step, Step ¼ turn, Sailor, Sailor ¼ turn, Rock, Recover

- 1, 2 Step forward LF, Step forward RF with ¼ turn L
- 3&4 Cross LF behind RF, recover weight onto RF, Step LF to L side
- 5&6 Cross RF behind LF while making ¼ turn R, recover weight to LF, step forward RF
- 7, 8 Rock forward LF, recover weight back onto RF

(9-16) Full turn, Coaster step, ¼ turn step and slide, Kick-ball-cross

- 1, 2 ½ turn over L shoulder stepping forward LF, ½ turn over L shoulder stepping back RF
- 3&4 Step back LF, step together RF, step forward LF
- 5, 6 Big side step R with RF making ¼ turn L, slide LF to RF keeping weight on RF
- 7&8 Kick LF forward at diagonal angle, step ball of LF together, cross RF over LF

Restart Here, Wall 6

(17-24) Heel grind ¼ turn, Coaster step, ¼ turn steps x2, Coaster step

- 1, 2 Stomp LF down beside RF, grind heel while making ¼ turn L, putting weight back to RF
- 3&4 Step back LF, step together RF, step forward LF
- 5, 6 Step forward RF while making ¼ turn L, step back LF while making ¼ turn L
- 7&8 Step back RF, step together LF, step forward RF

(25-32) Step-lock-step x2, Step ¼ pivot, Behind-side-cross

- 1&2 Step forward LF, lock step RF behind LF, step forward LF
- 3&4 Step forward RF, lock step LF behind RF, step forward RF
- 5, 6 Step forward LF, ¼ pivot R putting weight onto RF
- 7&8 Step LF behind RF, side step RF to R side, cross LF over RF

(33-40) Weave, Lindy

- 1, 2 Side RF to R side, cross LF behind RF
- 3, 4 Step RF to R side, cross LF over RF
- 5&6 Side shuffle to R side stepping RF, together LF, RF
- 7, 8 Rock LF behind RF, Recover weight onto RF

(41-48) Side step, ¼ turn step back, Coaster step, Rock, Recover, Sailor ¼ turn

- 1, 2 Side step LF to L side, step back RF making ¼ turn R
- 3&4 Step back LF, step together RF, step forward LF
- 5, 6 Rock forward RF, recover weight back onto LF
- 7&8 Cross RF behind LF while making ¼ turn R, recover weight to LF, step forward RF

Notes:

-At Restart on wall 6, replace the Kick-ball-cross with a Kick-ball-change to make the forward step easier.
Count will be as follows:

- 7&8 Kick LF forward at diagonal angle, step ball of LF together, step down RF

-Dance ends after 16 counts on wall 7, end will stomp down following the kick-ball-cross for count 17