

Easy Goin'

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Marianne Langagne (FR) - May 2020
音樂: Easy Goin - Clay Walker



Intro : Start on "Most" (I Know Most)

Restart : On Wall 3 which starts at 6 a.m, restart after 16 counts (facing 3 a.m)

[1 – 8] CROSS ROCK, SIDE ROCK, WEAVE WITH L.1/4 TURN

1 – 2 Cross RF over LF, Recover
3 – 4 RF to the R, Recover
5 – 6 Cross RF over LF, LF to the L
7 – 8 Cross RF behind LF, ¼ Turn L-LF FWD (9a.m)

[9 – 16] STEP L.1/2 TURN, TRIPLE FWD, STEP R. ½ TURN, TRIPLE FWD

1 – 2 RF FWD, ½ turn L (weight on LF) (3a.m)
3 & 4 RF FWD, Together, RF FWD
5 – 6 LF FWD, ½ Turn R (weight on RF) (9a.m)
7 & 8 LF FWD, Together, LF FWD

Restart here on wall 3 (facing 3a.m)

[17 – 24] KICK FWD- R, ROCKING CHAIR (Back-Fwd) , BACK & HEEL, HOLD

1 – 2 Kick RF FWD, Kick RF to the R
3 – 4 RF Back, Recover
5 – 6 RF FWD, Recover
&7-8 RF Back, L Heel FWD, Hold

[25 – 32] SIDE ROCK , CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

& 1-2 Together, RF to the R, Recover
3 & 4 Cross RF over LF, LF to the L, Cross RF over LF
5 – 6 LF to the L, Recover
7 & 8 Cross LF over RF, RF to the R, Cross LF over RF

[33 – 40] SIDE, TOUCH, KICK BALL CROSS, SIDE , R.1/4 TURN WITH TOUCH, KICK BALL CROSS

1 – 2 RF to the R, Touch LF next to RF
3 & 4 Kick LF, Together, Cross RF over LF
5 – 6 LF to the L, Pivote ¼ Turn R on LF-Touch RF next to LF (12O'clock)
7 & 8 Kick RF, Together, Cross LF over RF

[41 - 48] SIDE, BEHIND, SIDE SUFFLE, CROSS ROCK, TRIPLE ON L. ¼ TURN

1 – 2 RF to the R, Cross LF behind RF
3 & 4 RF to the R, Together, RF to the R
5 – 6 Cross LF over RF, Recover
7 & 8 ¼ Turn L-LF FWD, Together, LF FWD (9a.m)

FINAL : Continue the dance until count 28 then do

SIDE ROCK ¼ TURN R, TRIPLE FWD

5 – 6 LF to the L, ¼ Tur R-RF FWD
7 & 8 LF FWD, Together, LF FWD

Finish with Stomp RF next to LF

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