

# Banana Pancakes

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4  
編舞者: Sophie Ruhling (FR) - May 2020  
音樂: Banana Pancakes - Jack Johnson

級數: Absolute Beginner



Start after lyrics "baby" - CCW - NO TAG NO RESTART

## SECT.1 : STEP R TO R SIDE, STEP L, STEP R, TOUCH L & CLAP, STEP L TO L SIDE, STEP R, STEP L, TOUCH R & CLAP

- 1-2      step R to R side, step L beside R
- 3-4      step R to R side, touch L beside R + clap
- 5-6      step L to L side, step R beside L
- 7-8      step L to L side, touch R beside L + clap

## SECT.2 : K STEP WITH 1/4 TURN L & CLAPS

- 1-2      walk R to R diagonal, touch L beside R + clap
- 3-4      back L in place, touch R beside L + clap
- 5-6      back R to R diagonal, touch L beside R + clap
- 7-8      1/4 turn L walk L, touch R beside L + clap (9.00)

## SECT.3 : SWIVEL BOTH HEELS TO R, SWIVELS TOES, SWIVEL HEELS, HOLD & CLAP, SWIVEL BOTH HEELS TO L, SWIVEL TOES, SWIVEL HEELS, HOLD & CLAP

- 1-2      (with weight on both toes) swivel both heels to R, (with weight on both heels) swivel both toes to R
- 3-4      (with weight on both toes) swivel both heels to R, hold & clap
- 5-6      (with weight on both toes) swivel both heels to L, (with weight on both heels) swivel both toes to L
- 7-8      (with weight on both toes) swivel both heels to center, hold & clap (weight on L)

## SECT.4 : STEP 1/2 TURN L, WALK R, HOLD & CLAP, STEP 1/2 TURN R, WALK L, HOLD & CLAP

- 1-2      walk R, 1/2 turn L (weight on L) (3.00)
- 3-4      walk R, hold & clap
- 5-6      walk L, 1/2 turn R (weight on R) (9.00)
- 7-8      walk L, hold & clap

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