

Gimme On Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Joy Kim (KOR) - May 2020
音樂: Gimme On Up - Ariana Grande (feat. Nicki Minaj)



Intro: 48 counts - No Tag, No Restart

[1-8] PRISSY WALK(R-L), SCUFF, OUT, OUT, SWAY, TOUCH, SWAY, TOUCH

- 1-2 Walk RF forward slightly crossing over LF (1), Walk LF forward slightly crossing over RF (2)
3&4 Scuff RF beside LF (3), Step RF to R side (&), Step LF to L side (4)
5-8 Step RF to R side (with dip sway) (5), Touch LF forward on L diagonal (6) [10:30], Step LF to L side (with dip sway) (7), Touch RF forward on R diagonal (8) [1:30]

[9-16] FUNKY WALK, HIP ROLLS 1/2 TURN L

- 1-4 Step RF back as you turn your LF toes out (1), Step LF back as you turn your RF toes out (2), Step RF back as you turn your LF toes out (3), Step LF back as you turn your RF toes out (4)
5-8 Step RF forward and roll hips counterclockwise 1/4 turn L (weight L) (5-6) [9:00], Step RF forward and roll hips counterclockwise 1/4 turn L (weight L) (7-8) [6:00]

[17-24] CROSS ROCK, RECOVER, TOGETHER, CROSS ROCK, RECOVER, TOGETHER, 1/4 TURN R JAZZBOX FORWARD

- 12& Rock cross RF over LF (1), Recover LF (2), Step RF beside LF (&)
34& Rock cross LF over RF (1), Recover RF (2), Step LF beside RF (&)
5-8 Cross RF over LF (5), 1/4 turn R as you step LF back (6), Step RF to R side (7), Step LF forward (8) [9:00]

[25-32] HIP BUMPS R(x2), STEP, ROCK FORWARD, RECOVER, COASTER

- 1-2 Step RF ball forward as you bump hips R-L (weight LF) (1-2)
3&4 Bump hips R-L (3&), Step RF forward (4)
5-6 Rock LF forward (5), Recover RF (6)
7&8 Step LF back (7), Step RF beside LF (&), Step LF forward (8)

Ending(24C): Turn 1/4 turn left at 20& of sec 3

CROSS ROCK RF, RECOVER LF, TOGETHER, CROSS ROCK LF, RECOVER RF, 1/4 TURN L TOGETHER, JAZZBOX FORWARD

Contact: semongsu@hanmail.net
<https://www.youtube.com/watch?v=dV8hyFMx42A>