

Heartbroken Man

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Penny Tan (MY) & Molly Yeoh (MY) - June 2020
音樂: When I Was Your Man (Reggae Remix) - Bruno Mars



After heavy drum roll, start on vocal "Same bed..."

*Restart Wall 2 after 16 counts (6.00)

*Restart Wall 5 after 16 counts (12.00)

SEC1: HALF RUMBA ¼ TURN HALF RUMBA,STEP TOUCHES, STEP TOUCHES

1 2&3 LF step fwd, RF step to right, LF step beside RF, RF step back

4&5 ¼ L turn, LF step to L, RF step beside LF, LF move fwd

6&7& RF step fwd, LF tap beside RF, LF step back, RF tap beside LF,

8& RF step back (body square to 12.00), LF tap beside RF

SEC2: ¼ TURN, SWEEP UP, 2 JAZZ BOX MOVE DOWN, SHOULDER POP/HIP ROLL

1 LF step down with ¼ L turn RF sweep up to 6.00

2&3& RF cross over LF, LF step back, RF diagonal step back to R, LF cross over RF

4&5 RF step back, LF diagonal step back to L, RF cross over LF (weight on RF)

6&7& (Pop L shoulder to L @6, then pop R shoulder to R@&), repeat pop shoulders with bended knees@7&

Options: @&7 Hip rolls or step LF to L, RF to R

8& LF step behind RF, RF recover

*Restart Wall 2 & Wall 5

SEC3: SIDE, TOUCH, SIDE, TOUCH ,SIDE TOGETHER SIDE, STEP FWD 1/2 TURN L ,FWD,FWD,STEP FWD ½ TURN R, FWD, FWD

1&2& Step LF to L, touch RL next to LF, step RF to R, touch LF next to RF

3&4 Step LF to L, step RF next to LF, step LF to L

5&6 Step RF fwd, 1/2 turn L, step LF fwd,step RF fwd

7&8 Step LF fwd ,1/2 turn R , step RF fwd,step LF fwd

SEC4:CROSS ,RECOVER, SIDE ,RECOVER,BACK,RECOVER,BIG SIDE STEP , BACK , RECOVER,SIDE,RECOVER,CROSS,RECOVER,TOUCH

1&2& Cross RF over LF, recover on L, rock RF to R , recover on L

3&4 Step RF behind LF , recover on L , big step RF to R

5&6& Step LF behind RF , recover on R ,rock LF to L , recover on R

7&8& Cross LF over RF , recover on R, step LF to L , step RF next to LF

Thank you very much! Enjoy!

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