

Vuvuzela Reggae

COPPER KNOB
STEP SHEETS

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Chika Hapsari (INA) & Roosamekto Mamek (INA) - July 2020
音樂: Vuvuzela by Alpha Blondy (DJ Kore REMIX)



Intro: 32 count

S1. SIDE ROCK WITH HIPS SWAYS, TOUCH, VINE RIGHT

- 1-4 Rock R to side sway hips to right – Sway hips to left – Sway hips to right – Touch L together (12:00)
5-8 Step L to side – Cross R behind L – Step L to side – Touch R together (12:00)

S2. V STEP, SIDE, TOUCH BEHIND

- 1-4 Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together (12:00)
5-8 Step R to side – Touch L behind R – Step L to side – Touch R behind L (12:00)

S3. SLOW MAMBO TURN 1/2 RIGHT, TOUCH, SLOW MAMBO CROSS, HITCH

- 1-4 Rock R forward – Recover on L – Turn 1/2 right step R forward – Touch L together (6:00)
5-8 Rock L to side – Recover on R – Cross L over R – Hitch R knee up (6:00)

S4. SIDE ROCK, BEHIND, FORWARD TURN 1/4 LEFT, ROCKING CHAIR

- 1-4 Rock R to side – Recover on L – Cross R behind L – Turn 1/4 left step L forward (3:00)
5-8 Rock R forward – Recover on L – Rock R back – Recover on L (3:00)

S5. WALKS FORWARD, HITCH & CLAP, WALKS BACK, HITCH & CLAP

- 1-4 Step R forward – Step L forward – Step R forward – Hitch L knee up and clap hands
5-8 Step L back – Step R back – Step L back – Hitch R knee up and clap hands

S6. SIDE, CROSS, SIDE, KICK

- 1-4 Step R to side body angle diagonal (4:30) – Cross L over R (4:30) – Step R to side body face front (3:00) – Kick L diagonal forward (1:30)
5-8 Step L to side body angle diagonal (1:30) – Cross R over L (1:30) – Step L to side (3:00) – Kick R diagonal forward (4:30)

S7. DIAGONAL FORWARD, LOW HOP, JAZZ BOX CROSS TURN 1/4 RIGHT

- 1-4 Step R diagonal forward – Make a low hop in place with both feet together weight on R – Step L diagonal forward – Make a low hop in place with both feet together weight on L (3:00)
5-8 Cross R over L – Turn 1/4 right step L back – Step R to side – Cross L over R (6:00)

S8. SIDE, SHIMMY SHOULDER, BODY SIDE, FLICK

- 1-4 Big step R to side and bend both knees – make a shimmy shoulder and bring body to the right within 2 count – Flick L knee back
5-8 Big step L to side and bend both knees – make a shimmy shoulder and bring body to the right within 2 count – Flick R knee back (6:00)

REPEAT

For more info about step sheet & song, please contact:

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