On The Road Again 2020

級數: Improver

編舞者: Betty Lee (CAN) - July 2020

音樂: On the Road Again - Willie Nelson

Intro: 16 counts - No Tags. No Restarts !

拍數: 28

Section 1: 1/8 R Walk, Walk, Forward shuffle, Charleston Step, Coaster Step

- 1/8 Turn R step forward R, Step forward L (1:30) 1.2
- 3&4 Step forward R, Step L next to R, Step forward R
- Sweep L from back to front touching L forward, Sweep L from front to back stepping back on 5,6 L
- 7&8 Step R back, Step L next to R, Step forward R

Section 2: Back, 3/8 R Forward, Shuffle ½ R, Back with Heel Swivels 2X, Sailor Step

- 1, 2 Step back L, 3/8 Turn R stepping forward R (RF turn slightly to R) (6:00)
- 1/4 Turn R stepping L to L, Step R next to L, 1/4 Turn R stepping back on R (12:00) 3&4
- 5,6 Step R back swiveling out L heel, Step L back swiveling out R heel
- 7&8 Step R behind L, Step L to L, Step R to R

Section 3: Heel Grind ¼ L, Recover, Back Rock, Triple Steps ¾ R, Back Rock

- Dig L heel forward/Grind heel making a ¼ L turn, Recover to R (9:00) 1.2
- 3,4 Rock step back on L, Recover to R
- 5&6 Triple steps on L ,R, L making a ³/₄ R turn, (6:00)
- 7.8 Rock step back on R, Recover to L

Section 4: Jazz Box Cross

Cross step R over L, Step back on L, Step R to R, Cross step L over R 1-4

Repeat

Hope we can get back on the road again safely SOON !!! Contact: bettysmlee@live.ca





牆數: 2