

Dock Rock

拍數: 56 牆數: 2 級數: Beginner +
編舞者: Linda Camellini (IT) - July 2020
音樂: Dock Rock - The Washboard Union



Start after 16 counts

Sequence : A - A (1-24) - TAG1 - A - A (1-16) - A - A (1-8) - TAG1 - A - A - TAG2 - A - A

A (32 counts)

A1: step R, Step L, Coaster step R, Step L, Step R, Coaster step L

1 – 2 step forward right, step forward left
3 & 4 step right backward, step left beside right, step right forward
5 – 6 step forward left, step forward right
7 & 8 step left backward, step right beside right, step left forward

A2: turn ¼ R and shuffle, turn ½ L and shuffle, turn ¼ R and shuffle, turn ½ L and shuffle

1 & 2 ¼ turn right and step forward right, step left beside right, step forward right
3 & 4 ½ turn left and step forward left, step right beside left, step forward left
5 & 6 ¼ turn right and step forward right, step left beside right, step forward right
7 & 8 ½ turn left and step forward left, step right beside left, step forward left

A3: Step R, Step L, Coaster step R, Step L, Step R, Coaster step L

1 – 2 step forward right, step forward left
3 & 4 step right backward, step left beside right, step right forward
5 – 6 step forward left, step forward right
7 & 8 step left backward, step right beside right, step left forward

A4: Monterey right (x 2)

1 – 2 Side touch right, turn ½ right and step together
3 – 4 Side touch left, step together
5 – 6 Side touch right, turn ½ right and step together
7 – 8 Side touch left, step together

TAG 1 (8 COUNTS)

TAG1: RIGHT ROCK SIDE STEP + CLAP (x 4) TURNING EVERYTIME ¼ LEFT

1 – 2 turn 1/4 left and right rock side + click with right hand, recover onto left
3 – 4 turn 1/4 left and right rock side + click with right hand, recover onto left
5 – 6 turn 1/4 left and right rock side + click with right hand, recover onto left
7 – 8 turn 1/4 left and right rock side + click with right hand, recover onto left

TAG 2 (16 COUNTS)

TAG2-1: TOE STRUT R + CLAP, TOE STRUT L + CLAP, TOE STRUT R + CLAP, TOE STRUT L + CLAP

1 – 2 Heel right forward, rest right point + clap
3 – 4 Heel left forward, rest left point + clap
5 – 6 Heel right forward, rest right point + clap
7 – 8 Heel left forward, rest left point + clap

TAG2-2: JUMP BACK WITH OUT OUT, HOLD, DOUBLE HEEL BOUNCE, SAILOR STEP R, SAILOR STEP L

1 – 2 jump backward and out out with both feet, hold
3 – 4 double heel bounce with both heels
5 & 6 rock right behind left, step left beside right, step right forward
7 & 8 rock left behind right, step right beside left, step left forward

