More Than Once

COPPER KNOB

拍數: 32

牆數:2

級數: Beginner

編舞者: Imam Wahyudi (INA), Anna Patras (INA) & Kasijami Kasijami (INA) - July 2020 音樂: Trick Me - Kelis



Intro: 32 counts - No Tag, No Restart

Sec.1: RL SIDE MAMBO, R KICK-BALL-CHANGE X2

- 1&2 Step R to R side, recover on L, close R beside L
- 3&4 Step L to L side, recover on R, close L beside R
- 5&6 Kick R fwd, step R next to L, step L in place
- 7&8 Kick R fwd, step R next to L, step L in place

Sec.2: R CHASSE, 1/4 L CHASSE, ROCK STEP, COASTER STEP

- 1&2 Step R to R side, close L beside R, step R to R side
- 3&4 Make 1/4 turn L step L to L side, close R beside L, step L to L side
- 5-6 Step R fwd, recover on L
- 7&8 Step R back, step L next to R, step R fwd

Sec.3: LR KICK-BALL-TOUCH, ROCK STEP, 1/4 L SIDE ROCK

- 1&2 Kick L fwd, step L next to R, touch R toe to R side
- 3&4 Kick R fwd, step R next to L, touch L toe to L side
- 5-6 Step L fwd, recover on R,
- 7-8 Make 1/4 turn L step L to L side, recover on R (weght on R)

Sec.4: L FWD & CROSS ROCK, BALL, R FWD & CROSS ROCK, BALL, ROCK STEP COASTER CROSS

- 1-2& Step L fwd & cross, recover on R, step L next to R (ball)
- 3-4& Step R fwd & cross, recover on L, step R next to L (ball)
- 5-6 Step L fwd, recover on R
- 7&8 Step L back, step R next to L, cross L over R (weight on L)

End of pattern - Begin again

Have fun - enjoy the dance!

Contact: imam60387@gmail.com

