

Stop the World (and Let Me Off)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Marie Pietersz (AUS) - July 2020
音樂: Stop the World (And Let Me Off) (feat. Chris Carmack, Jonathan Jackson & Sam Palladio) - Nashville Cast



Tag and filler hip sway at end of each repeat

Start dance on "...off"

Start with Intro step: R kick ball change at " ... world and let me ..."

S1: Side steps and cross shuffles x 2

1-4 Step R to side, recover on L, cross shuffle R over L, RLR

5-8 Step L to side, recover on R, cross shuffle L over R, LRL

S2: Cross shuffles moving forward x 3, step forward, turn ¼ R facing 9.00

9&10 11&12 Cross shuffle over L RLR. Cross shuffle over R LRL

13&14 15-16 Cross shuffle over L RLR, step forward with L, recover R

S3: Turning ¼ L shuffle, coaster step, kick ball change

17&18 19&20 Turn ½ L turning shuffle LRL turn ¼ L shuffle RLR (3.00)

21&22 23&24 Step L behind, step R tog, step L forward, kick R, step back on R, touch L tog

Easy version: Turning ¼ L shuffle, coaster step, kick ball change

17&18 19&20 Turn ¼ L turning shuffle LRL, shuffle on the spot RLR (9.00)

21&22 23&24 Step L behind, step R tog, step L forward, kick R, step back on R, touch L tog

S4: ½ Monterey, reverse ½ Monterey, hip sways

25-28 Tap R to side hold, turn ½ R and touch L to side hold (6.00)

29-32 Turn ½ L and touch L to side hold (9.00), turn ½ L and touch R to side (3.00)

Easy version: ½ Monterey, reverse ½ Monterey, hip sways

25-28 Step R to side hold, turn ½ R and touch L to side hold (6.00)

29-32 Step R to side hold, turn ½ R and touch L to side hold (3.00)

Fill-in steps at end of each repeat:

Hip sway RL

Tag after 3 repeats 16 counts:

1-4 Step R to side, recover on L, cross shuffle R over L, RLR

5-8 Step L to side, recover on R, cross shuffle L over R, LRL

9-12 R kick ball change, R kick ball change

13-16 Hips sways RLRL

To end in the front when you finish the Monterey facing 3.00, turn ¾ L to face 12.00.

REPEAT AND ENJOY

this dance inspired by wanting to get off the COVID merry-go-round.

I do not own the music

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