Lost Love (我有一段情)



拍數: 64 牆數: 4 級數: Improver / Intermediate

編舞者: Chor Hoong (SG) - July 2020

音樂: Wo You Yi Duan Qing (我有一段情) - Han Bao Yi (韓寶儀)



Intro: 16 counts (start on vocals)

Section 1: Rock L forward, recover, step L, hold, Rock R back, recover, step R, hold

1 Rock L forward 2 Recover R 3 Step L to left 4 Hold

5 Rock R back 6 Recover L 7 Bring R to right

8 Hold

Section 2: ½L-turn, with L crossed over R, stepping forward with hold, ½R-turn, with R crossed over L, stepping forward with hold

1 Cross L over (& close to) R 2 ½L-turn, recover R (6:00)

3 Step L forward

4 Hold

5 Cross R over (& close to) L 6 1/2R-turn, recover L (12:00)

7 Step R forward

8 Hold

Section 3: Cross rock L over R, recover, open, hold, Cross rock R over L, recover, open, hold

1 Rock L over R 2 Recover R 3 Step L left 4 Hold 5 Rock R over L

6 Recover L 7 Step R right

8 Hold

Section 4: L & R Side-close-side-hold :: Optional: L& R Cuban rocks

Recover L:: 1 Rock L, with hip sway 1 2 Close R to L :: 2 Recover R, with hip sway 3 Step L left :: 3 Recover L, with hip sway 4 Hold & settle L-hip :: 4 Hold and settle hip to left 5 Recover R:: 5 Rock R, with hip sway 6 Close L to R :: 6 Recover L, with hip sway 7 Step R right :: 7 Recover R, with hip sway 8

Hold & settle R-hip :: 8 Hold and settle hip to right

32 c OPTIONAL Restart at Wall 3, facing 6:00

Section 5: Hand-to-hands

1/4L-turn, pivoting on R, rocking L back (9:00) 1

2 Recover R

3	1/4R-turn, pivoting on R, stepping L left (12:00)
4	Hold
5	1/4R-turn, pivoting on L, rocking R back (3:00)
6	Recover L
7	1/4L-turn, pivoting on L, stepping right R (12:00)
8	Recover L

Section 6: Sliding Doors

1	Rock R back
2	Recover L
3	1/4L-turn, R-toes pointing in front of L, R-knee bent (9:00)
4	1/4R-turn, swivelling on R, bringing L to left of R (12:00),
5	Rock L
6	Recover R
7	Rock L back
8	Hold

Section 7: Repeat Section 6 - Sliding Doors

Section 8: Coaster with ½R-turn into a ¼L-turn (3:00)

1	Close R to L
2	Recover R
3	Step L forward
4	Hold
5	½R-turn, swivelling on L, rocking back on R (6:00)
6	Recover L
7	1/4L-turn, bringing R right (3:00)
8	Hold

With Restart:

Wall 1 facing 12:00 Verses 1 & 2 Wall 2 facing 3:00 Verse 3 Wall 3 facing 6:00 Short wall with a 32c Restart Music interlude (No vocals) Wall 4 facing 6:00 Verse 3

Without Restart:

Wall 1 facing 12:00 Verses 1 & 2

Wall 2 facing 3:00 Verse 3

Wall 3 facing 6:00 Music interlude + 1st-half of Verse 3

Wall 4 facing 9:00 2nd-half of Verse 3

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