Los Dol



拍數: 64

級數: Improver

編舞者: Ully Dhedhek (INA) & Sierra U-Dance (INA) - July 2020

牆數:2

音樂: Los Dol - Vita Alvia

Start Dance on vocal after 32 counts

S1. SIDE STEP R/L

- 1-4 step R to side, close L together, step R to side, touch L beside R
- 5-8 step L to side, close R together, step L to side, touch R beside L

S2. ROCKING CHAIR

- 1-4 step R forward, recover on L, step R backward, recover on L
- 5-8 step R forward, recover on L, step R backward, recover on R

S3. CROSS TOUCH FORWARD - CROSS TOUCH BACKWARD

- 1-4 step R cross forward, step L side touch, step L cross forward, step R side touch
- 5-8 step R cross backward, step L side touch, step L cross backward, step R side touch

S4. JAZZ BOX - 1/4 TURN RIGHT JAZZ BOX

- 1-2 Cross R over L, step L back
- 3-4 step R to side, step L forward
- 5-8 cross R over L, step L backward, turn ¼ right step R foward, step L foward

S5. KICK - COASTER STEP

- 1-4 step R kick, step R back, step L beside R, step R forward
- 5-8 step L kick, step L back, step R beside R, step L forward

S6. RIGHT VINES

- 1-4 step R to side, step L cross behind R, step R to side, step L cross over R
- 5-8 step R to side, step L cross behind R, step R to side, step L cross over R

S7. 3/4 TURN RIGHT PIVOT

- 1-2 step R to side, 1/4 turn left recover on L
- 3-4 step R to side, 1/4 turn left recover on L
- 5-6 step R to side, 1/8 turn left recover on L
- 7-8 step R to side, 1/8 turn left recover on L

S8. JAZZ BOX - FOWARD TOUCH - BACKWARD - HOOK

- 1-4 step R cross over L, step L back, step R to side, step L together
- 5-8 step R foward, step L touch behind R, step L backward, hook R over L

Tag 1. Rocking chair

- 1-4 step R forward, recover on L, step R backward, recover on L
- 5-8 step R forward, recover on L, step R backward, recover on R

Tag 2. Side step

- 1-2 step R to side, close L together
- 3-4 step L to side, close R together

Restart on wall 1 after 56 counts

Tag 1 : after wall 2, 3, 4, 6, 7 Tag 2: after tag 1 on after wall 4, after wall 5 & 2x after tag 1 on after wall 7



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