MY little GIRL

拍數: 32

級數: Absolute Beginner

編舞者: Helaine Norman (USA) - July 2020

音樂: My Girl - The Temptations

Intro: 8

Alternative music: Sweet Heaven by Barry Manilow

I. Temptations R and L

| 1-2 | Rock R forward (diagonally right), recover to L |
|-----|--|
| 3-4 | Rock R forward (diagonally right), recover, hold |
| 5-6 | Rock L forward (diagonally left), recover to R |
| 7-8 | Rock L forward (diagonally left), hold |

II. K-Step

| 1-2 | Step R forward (diagonally right), touch L together (clap) |
|-----|--|
| 3-4 | Step L back (diagonally left), touch R together (clap) |
| 5-6 | Step R back (diagonally right), touch L together (clap) |
| 7-8 | Step L forward (diagonally left), touch R together (clap) |

III. Shuffles R and L

| 1-2 | Step R forward (diagonally right), step L together |
|-----|---|
| 3-4 | Step R forward (diagonally right), touch L together |
| 5-6 | Step L forward (diagonally left), step R together |
| 7-8 | Step L forward (diagonally left), touch R together |

Optional instead of touches together: Scuffs forward

IV. Step Touches R L R L

- 1-2 Step R back (diagonally right), touch L together (clap)
- 3-4 Step L back (diagonally left), touch R together (clap)
- 5-6 Step R back (diagonally right), touch L together (clap)
- 7-8 Step L back (diagonally left), touch R together (clap)

Optional for IV.

Step R back, kick L forward, step L back, kick R forward Repeat

REPEAT

Contact: helaine43@gmail.com

Last Update: 27 Jan 2023





牆數:1