NI Shi Wo De Ren (你是我的人)



拍數: 96 牆數: 2 級數: Phrased High Improver

編舞者: Alice Heng (MY) - August 2020

音樂: Ni Shi Wo De Ren (你是我的人) (DJ版)



Sequence: C (Intro), A, A, B, B, C, C, A, A, B, B, B, B, B (Ending facing 12.00), C, C

	Part	A ((32	Count)	١
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Section 1: Grapevine to R, side touch back x2, grapevine to L, side touch back x2

Step RF to R (1), cross LF behind RF (2), step RF to R (3), touch LF next to R (4)

Step LF to L (5), touch RF behind LF (6), step RF to R (7), touch LF behind RF (8)

Section 2: Grapevine to L, side touch back x2, grapevine to R, side touch back x2

Step LF to L (1), cross RF behind LF (2), step LF to L (3), touch RF next to L (4)

Step RF to R (5), touch LF behind RF (6), step LF to L (7), touch RF behind LF (8)

Section 3: Walk forward RLR, hitch, step back LRL, hitch

1 2 3 4 Step forward on RF (1), LF (2), RF (3), hitch on LF (4) 5 6 7 8 Step back on LF (5), RF (6), LF (7), hitch on RF (8)

Section 4: Rolling vine RL

Step forward on RF $\frac{1}{4}$ turn R (1), step back on LF $\frac{1}{2}$ turn R (2), step RF to R $\frac{1}{4}$ turn R (3), touch LF to L (4)

Step forward on LF ¼ turn L (5), step back on RF ½ turn L (6), step LF to L ¼ turn L (7), touch RF to R (8)

Part B (32 Count)

Section 1: Forward diagonal, touch, step back diagonal, touch (x2)

1 2 3 4 Step forward on RF diagonal R (1), touch LF next to RF (2), step back on LF diagonal R (3), touch RF next to LF (4)

Step forward on RF diagonal R (5), touch LF next to RF (6), step back on LF diagonal R (7), touch RF next to LF (8)

Section 2: Forward touch RL, back touch RL

Step forward out on RF to R (1), touch LF next to RF (2), Step forward out on LF to L (3), touch RF next to LF (4)

Step back out on RF to R (5), touch LF next to RF (6), step back out on LF to L (7), touch RF next to LF (8)

Section 3: Step on the spot RLRL with hip sway RLRL, side touch RL

Step RF next to LF with hip sway to R (1), step LF next to RF with hip sway to L (2), step RF next to LF with hip sway to R (3), step LF next to RF with hip sway to L (4)

Step RF to R (5), touch LF next to RF (6), step LF to L (7), touch RF next to LF (8)

Section 4: Jazz box, (step with hip roll 1/4 turn x2)

1 2 3 4 Cross RF over LF (1), step back on LF (2), step RF to R (3), cross LF over RF (4)
5 6 7 8 Step forward on RF with hip roll anticlockwise ¼ turn L (5), step LF to L (6), step forward on RF with hip roll anticlockwise ¼ turn L (7), step LF to L (8)

Part C (32 Count)

Section 1: (Touch forward with hip sway, step back) RL x2

Touch forward on RF with hip sway to R (1), step back on RF next to LF(2), touch forward on LF with hip sway to L (3), step back on LF next to RF (4)

Touch forward on RF with hip sway to R (5), step back on RF next to LF (6), touch forward on LF with hip sway to L (7), step back on LF next to RF (8)

Section 2: Rocking chair x2

1 2 3 4 Rock forward on RF (1), recover weight on LF (2), rock back on RF (3), recover weight on LF (4)

Rock forward on RF (5), recover weight on LF (6), rock back on RF (7), recover weight on LF (8)

Section 3: Out x2, In x2

1 2 3 4 Step out forward on RF (1), hold (2), step out forward on LF (3), hold (4)

Step RF to center (5), hold (6), step LF next to RF (7), hold (8)

Section 4: Hip sway with double count RL, hip sway with single count RLRL

1 2 3 4 Hip sway to R (1 2), hip sway to L (3 4),

5 6 7 8 hip sway to R (5), hip sway to L (6), hip sway to R (7), hip sway to L (8)