

# La Isla Bonita

**COPPER** KNOB  
STEP SHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Lily Ang (SG) - August 2020  
音樂: La Isla Bonita - Madonna



Intro: 32 counts

Restart on wall 3 after 16 counts

Restart on wall 8 after 4 counts

## Section 1: Sailor Step R, L, Forward Mambo, Back Mambo

1&2      Cross right behind left, Step left behind left, Step right to the right  
3&4      Cross left behind right, Step right behind right, Step left to the left  
5&6      Rock forward on right, Recover onto left, Step back on right  
7&8      Rock back on left, Recover onto right, Step fwd on left

## Section 2: Cross Samba x2, ¼ R Diamond

1&2      Cross right over left, Rock left to left, Recover right  
3&4      Cross left over right, Rock right to right, Recover left  
5&6      Cross right over left, Step left side, Step right back (while turning 1/8 right)  
7&8      Step left behind right, Step right to right, Cross left over right (while turning 1/8 right)

## Section 3: Rock Forward, Recover, Rock Back, Recover, Paddle ¼ Turn L x2

1-2      Step right forward, Recover weight on left  
3-4      Step right back, Recover weight on left  
5-6      Step forward on right, Paddle ¼ turn left  
7-8      Step forward on right, Paddle ¼ turn left

## Section 4: Cross Rock, Recover, Side Chasse, Cross Rock, Recover, ¼ Turn L Side Chasse

1-2      Cross right over left, Recover on left  
3&4      Step right to right side, Step left next to right, Step right to right side  
5-6      Cross left over right, Recover on right  
7&8      ¼ turn left Step left to left side, Step right next to left, Step left to left side

---