Change Your Mind



拍數: 32 牆數: 4 級數: Improver

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音樂: Change Your Mind - Keith Urban



Intro: 16 Counts

Restart: After 18 Counts on 4th Wall (Facing 6a.m)

[1 à 8] CROSS SHUFFLE TO THE L., $\frac{1}{2}$ TURN L., CROSS SHUFFLE TO THE R., $\frac{1}{4}$ TURN R. ,SKATE, TRIPLE FWD

1 & 2	Cross RF over LF, LF to the L, Cross RF over LF
3 & 4	½ Turn L-Cross LF over RF, RF to the R, Cross LF over RF (6a.m)
5 – 6	1/4 Turn R-Slide RF diagonally R FWD, Slide LF diagonally L FWD (9a.m)
7 & 8	RF FWD, Together, RF FWD

[9 à 16] STEP, HOLD, ANCHOR STEP, BACK L-R, BACK STEP LOCK STEP

1 – 2	LF FWD (Knee R flexed to the R- 3rd Position), Hold
3 & 4	Weight on RF, LF, RF in place
5 – 6	LF Back, RF Back (Option : ½ Turn L x 2)
7 & 8	LF Back, Cross RF over LF, LF Back

[17-24] BACK, STEP, SWEEP*, CROSS SHUFFLE, 3/4 TURN R. LARGE STEP FWD, DRAG /HITCH

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	& 1-2	RF Back, LF FWD, Sweep RF Back to Front HERE RESTART ON 4th WALL (facing 6a.m)	
	3 & 4	Cross RF over LF, LF to the L, Cross RF over LF	
	5 – 6	1/4 Turn R-LF Back (12o'clock)), 1/2 turn R- RF FWD (6a.m)	
	7 – 8	(a) Large Step LF FWD, Slide R Toe next to LF, Hitch (Roll Knee to the R)	
* Only at Wall 5 (facing 3a.m), replace the SWEEP by : Slide RF next to LF, continue the dance			

[25-32] ROCK BACK, SIDE TRIPLE, SAILOR 1/4 TURN L., PRISSY WALK

1 – 2	RF Back, Recover
3 & 4	RF to the R, LF next to RF, RF to the R
5 & 6	1/4 Turn L-Cross LF behind RF, RF to the R, LF to the L (3a.m)
7 – 8	Cross RF over LD, Cross LF over RF (advancing)

ENJOY!!!

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