Cheers



拍數: 32 牆數: 4 級數: Improver

編舞者: Double Trouble (CAN) - August 2020

音樂: Cheers - Sacha



Start Dance on vocals 16 counts into the music based on music video.

[1-8] Side Right Touch left, Side Left Touch Right, Two steps to the right side with a Touch, Side Left Touch Right, Side Right Touch Left, Two steps to the left side with a touch.

1 & 2 &	Step right foot to right side, touch left beside right, step left foot to left side, touch right beside left.
3 & 4 &	Step right foot to right side step left foot beside right, step right foot to right side touch left beside right.
5& 6 &	Step left foot to left side, touch right foot beside left, step right foot to right side, touch left foot beside right.
7 & 8 &	Step left foot to left side, step right foot beside left, step left foot to left side, touch right beside left.

[9-16] Cross Rock Right Over Left Recover Right, Cross Rock Left over Right Recover Left, Step 1/8 turn to left, Step 1/8 turn Left.

1& 2	Cross rock right over	left, quickly ste	ep onto left, recover	onto right.

3 & 4 Cross rock left foot over right, quickly step onto right step recover onto left. .

5 – 8 step right foot forward and make 1/8 of a turn to your left stepping onto left foot, step right

foot forward and make 1/8 of a turn to your left, stepping onto left foot.

Restart here on wall 4.

[17-24] Shuffle forward Right, rock forward left, Recover onto Right, Walk back Left, Right, Left, Touch Right beside Left.

1 & 2 Shuffle Forward R, L, R.

3-4 Rock forward onto your left foot, recover onto right foot. 5 –8 walk back Left, Right, Left, Touch Right beside Left.

Tag and second restart happens here on 5th wall

[25-32] Right scissor step, Left Scissor step, Skate Right, Left, Right, Left.

Step right foot to right side, quickly step left foot beside right and step right foot over left.
Step left foot to left side, quickly step right foot beside left and step left foot over right.
Skate in place Right, Left, Right Left. .

First Restart is on wall 4 after the first 16 steps.

Tag /Restart is on wall 5. You will do 24 counts of the dance,

1 – 4 Tap your right heel 4 times, while raising your Right arm for a CHEERS (as Sacha says in the song raise up your party glass), and then start the dance again, leaving off the last 8 counts of the dance.