You and Island

拍數: 32

級數: Easy Improver

編舞者: Marianne Langagne (FR) - August 2020

音樂: You and Islands - Zac Brown Band

Intro: 24 Counts

Restart: Wall 2, After 20 Counts (facing 6a.m) Tag 1 (4 counts) : At The End of Wall 6 (facing 6a.m) Tag 2 (22 counts) : At the End of Wall 10 (facing 6a.m)

[1-8] MODIFIED RUMBA

- 1 2 RF to the R, Together (Weight on LF)
- 3 & 4 RF FWD, Together, RF FWD
- 5 6 LF to the L, Together (Weight on RF)
- 7 & 8 LF FWD, Together, LF FWD

[9 – 16] CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE ¼ TURN L.

- 1 2 Cross RF over LF, Recover
- 3 & 4 RF to the R, Together, RF to the R
- 5 6 Cross LF over RF, Recover
- 7 & 8 LF to the L, Together, ¼ Turn L-LF FWD (9a.m)

[17 - 24] JAZZ BOX , STEP ¼ TURN L , CROSS SHUFFLE

- 1-2-3-4 Cross RF over LF, LF Back, RF to the R, LF FWD RESTART HERE : 2nd WALL (facing 6a.m)
- 5-6 RF FWD, $\frac{1}{4}$ Turn L (Weight on LF) (6a.m)
- 7 & 8 Cross RF over LF, LF to the L, Cross RF over LF

[25 – 32] ½ TURN R, CROSS SHUFFLE , SIDE TOUCH, SIDE ¼ TURN L. TOUCH

- 1 2 1⁄4 Turn R-LF Back, 1⁄4 Turn R-RF to the R (12.)
- 3 & 4 Cross LF over RF, RF to the R, Cross LF over RF
- 5 6 RF to the R, Touch LF next to RF
- 7 8 ¹/₄ Turn L-LF to the L, Touch RF next to LF (9a.m)

TAG 1: End Wall 6 (facing 6a.m)

[1 – 4] ROCKING CHAIR

1-2-3-4 RF FWF, Recover, RF Back, Recover

TAG 2: End Wall 10 (facing 6a.m)

[1 – 22] DIAGONALLY FWD, TOGETHER, TOUCH (R-L), BACK DIAGONALLY, TOGETHER, TOUCH (R-L) MONTEREY ¼ TURN R, POINT TO THE R, TOUCH

- 1-2-3-4 RF Diagonally FWD, Together, Touch, LF Diagonally FWD, Together, Touch
- 5-6-7-8 LF Diagonally FWD, Together, Touch, LF Diagonally FWD, Together, Touch
- 1-2-3-4 RF Diagonally BWD, Together, Touch, LF Diagonally BWD, Together, Touch
- 5-6-7-8 LF Diagonally BWD, Together, Touch, LF Diagonally BWD, Together, Touch
- 1-2-3-4 R Point to the R, Together with Pivot ¼ Turn R on LF, L Point to the L, Together (Weight on LF)
- 5-6 R Point to the R, Touch RF next to LF

FINAL : The dance ends on Count 12 (facing 12.) After Side Shuffle : Touch LF Behind RF

ENJOY !!!!





牆數:4

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