Psalm 139 (시편139편)

COPPER KNOB

拍數: 64

牆數:4

級數: Beginner

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*Sequence: A-A-B-A-A-A-B-A-A(24)-A-A-A(8)

*PART A

- [1-8] Side Shuffle、Back Rock & Recover (R and L)1&2RF step R, LF Step together, RF Step R
- 3.4 LF Step Backward, RF Recover
- 5&6 LF Step L, RF Step together, LF Step L
- 7 8 RF Step Backward, LF Recover

[9-16] Side Together Shuffle (R, L)

- 1 2 RF Step R, LF Step together
- 3&4 RF Step Forward, LF Step Together, RF Step Forward
- 5 6 LF Step L, RF Step together
- 7&8 LF Step Forward, RF Step Together, LF Step Forward

[17-24] Diagonal Step Touch Backward x4

- 1 2 RF Step diagonal back R, LF Touch together
- 3 4 LF Step diagonal back L, RF Touch together
- 5 6 RF Step diagonal back R, LF Touch together
- 7 8 LF Step diagonal back L, RF Touch together

[25-32] Heel step (R and L), Jazzbox1/4 Turn R

- 1 2 RF Touch heel, RF Step beside L
- 3.4 LF Touch heel, LF Step beside R
- 5 6 RF Cross over, LF Step behind
- 7 8 RF 1/4 turn R Step R, LF Step together

*PART B [6:00,12:00]

[1-8] Diagonal Lock step (R and L)

- 1 2 RF Step Diagonal R, LF Step behind
- 3 4 RF Step Diagonal R, LF Touch together
- 5 6 LF Step Diagonal L, RF Step behind
- 7 8 LF Step Diagonal L, RF Touch together

[9-16] Jazzbox, 1/4 Pivot Turn L x2

- 1 2 RF Cross over, LF Step backward,
- 3 4 RF Step R, LF Step together
- 5 6 RF step Forward, LF 1/4 Turn L
- 7 8 RF Step Forward, LF 1/4 Turn L

[17-24] Diagonal Lock step (R and L)

- 1 2 RF Step Diagonal R, LF Step behind
- 3 4 RF Step Diagonal R, LF Touch together
- 5 6 LF Step Diagonal L, RF Step behind
- 7 8 LF Step Diagonal L, RF Step Touch together

[25-32] Vine Step (R and L)

1 2 RF Step R, LF Step behind

- 3 4 RF Step R, LF Touch together
- 5 6 LF Step L, RF Step behind
- 7 8 LF Step L, RF Touch together

Last Update - 6 Sept. 2020