

# Don't Have To Be Lonely

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Hiroko Carlsson (AUS) - September 2020  
音樂: Lonely - Diplo & Jonas Brothers : (iTunes)



(16 count intro/Starts on lyrics)

**[S1] Step-Pivot 1/4R, Fwd Mambo, Behind Rock, Side Rock-Behind-1/4R**

1 2      Step forward on L, Make a 1/4 turn right recover weight on R (3:00)  
3&4      Rock forward on L, Recover weight on R, Step L next to R  
5 6      Rock R behind L, Recover weight on L  
7&8&      Rock R to the side, Recover weight on L, Step R behind L, Make a 1/4 turn left stepping forward on L (12:00)

**[S2] Side Rock, Sailor Step, Touch-Unwind 1/2L, Side Shuffle**

1 2      Rock R to the side, Recover weight on L  
3&4      Sweep R around L and stepping R behind L, Step L to the side, Step R to the side  
5 6      Touch L toe behind R, 1/2L unwind weight ends on L (6:00)  
7&8      Right side shuffle R-L-R

**[S3] Cross Rock, Side w/Drag-Knee Switch, Fwd Rock, Back w/Drag-Knee Switch**

1 2      Rock L across R, Recover weight on R  
3 4&      Step L to the side and drag R foot close to L, Step R next to L (pop your L knee), Weight switch on L (pop your R knee)  
5 6      Rock forward on R, Recover weight on L  
7 8&      Step back on R and drag L foot close to R, Step L next to R (pop your R knee), Weight switch on R (pop your L knee)

**[S4] Fwd, Step-Pivot 1/4L, Cross-Back-Monterey 1/2R w/Touch**

1 2 3      Step forward on L, Step forward on R, Make a 1/4 turn left recover weight on L (3:00)  
4&5      Cross R over L, Step back on L, Point R to the side  
6 7 8      Make a 1/2 turn right on ball of L foot and step R close to L, Point L to the side, Touch/bring L next to R (9:00)

The last wall starts at 6:00, dance up to count 16 (12:00).

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 16/Sept/20)