

We Are One

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Kelli Haugen (NOR) - September 2020
音樂: We Are One - Hootie & The Blowfish



****Dedicated to my amazing husband, I Love You**

Intro: Very short! He sings "We are" and then you start when he says "one"

ROCK BACK, RECOVER, CHASSÈ, SAILOR STEP, WEAVE

1,2,3&4 Rock back on RF, recover on LF, step side right on RF, step LF next to RF, step side right on RF
5&6,7&8 Cross LF behind RF, step side right on RF, step side left on LF, cross RF behind LF, step side left on LF, cross RF in front of LF

SIDE ROCK, WEAVE, TOE STRUT X2

1,2,3&4 Rock side left on LF, recover on RF, cross LF behind RF, step side right on RF, cross LF over RF
5,6,7,8 Touch R toe side right, R heel down, touch L toe side left, L heel down

STEP, ¼ TURN, SHUFFLE, STEP, ½ TURN SHUFFLE

1,2,3&4 Step forward on RF, ¼ turn left on LF, (9.00) step forward on RF, step LF next to RF, step forward on RF
5,6,7&8 Step forward on LF, ½ turn right on RF, (3.00) step forward on LF, step RF next to LF, step forward on LF

KICK, STEP, KICK, STEP, KICK X2, TOUCH, KICK

1,2,3,4 Cross kick RF in front of LF, step side right on RF, cross kick LF in front of RF, step side left on LF
5,6,7,8 Cross kick RF in front of LF, kick RF diagonally forward right, touch R toe next to LF, kick RF diagonally forward right

Start again facing 3.00 □

Ending: You will be facing 12.00, do the first 2 counts and take a big step to the right, Tada! □

No tags, no restarts □

Enjoy □