

Over and Over

拍數: 32 牆數: 4 級數: Improver
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音樂: Over and Over - The James Boys : (2:19)



Intro: 16 counts (Start on vokal)

(Walk back) x2, Reverse Rocking Chair, Coaster step w/ 1/8R turn, Hold, Ball-Cross

1-2 Step RF back, step LF back
3&4& Step RF back, recover weight on LF, step RF fwd, recover weight on LF
5&6 Step RF back, step LF together, turn 1/8R & cross RF in front of LF 1:30
7&8 Hold, step LF to left side, cross RF in front of LF

Modified Charleston step, Step, Hitch w/ 1/4L turn, Step, Touch

1-4 Turn 1/8L & step LF fwd, kick RF fwd, step RF back, cross LF in front of RF & tap floor 12:00
5-6 Step LF fwd, turn 1/4L & hitch RF 9:00
7-8 Step RF to R, cross LF behind RF & tap floor

(Walk fwd) x2, Out-Out, In-Cross, Step w/ 1/8L turn, Step w/ 1/4L turn, Sailor step

1-2 Turn 1/8L & step LF fwd, step RF fwd
&3&4 Step LF out to L, step RF out to R, step LF in, cross RF in front of LF 7:30
5-6 Turn 1/8L & step LF fwd, turn 1/4L & step RF to R 3:00
7&8 Cross LF behind RF, step RF to R, step LF to L & fwd

Cross, Step w/ 1/4R turn, Ball-Cross, Point, Sailor step w/ 1/4R turn, Step, 1/2R turn

1 Step RF in front of LF
2&3 Turn 1/4R & step LF back, step RF together, cross LF in front of RF 6:00
4 Point RF to R
5&6 Turn 1/8R & cross RF behind LF, turn 1/8R step LF to L, step RF to R & fwd 9:00
7-8 Step LF fwd, turn 1/2R but keep weight on LF 3:00

Start again - Have fun & Enjoy :-)

Tag : After wall 4 (Starts towards 12:00)

(Step, Touch) x2, Out, Side-Rock, In, Forward-Rock

1-2 Step RF back, touch LF beside RF
3-4 Step LF fwd, touch RF beside LF
&5-6 Step RF small step to R, step LF to L, recover weight on RF
&7-8 Step LF together, step RF fwd, recover weight on LF

RF = Right Foot

R = Right