Jack Daniel's Heart



拍數: 32 編數: 2 級數: Intermediate Cha Cha / Polka

編舞者: Sarah Fröhlich (DE) - September 2020 音樂: Jack Daniels' Heart - The Cadillac Three



Dance starts after 16 counts!

End Sailor Step, Hold, Close, Side, Hold, Close, Side, Back-Rock, Start Chassé Left

1,2 RF step right, hold &3,4 LF close to RF, RF step right, hold &5 LF close to RF, RF step right 6,7 LF step back, recover on RF

8& LF step left, RF close to LF,

End Chassé Left, Back-Rock, Lock Step*, ½ Step Turn, Start Lock Step*

1,2,3 LF step left, RF step back, recover on LF

4&5 RF step forward, LF lock behind RF, RF step forward 6,7 LF step forward, ½ turn and recover weight on RF

8& LF step forward, RF lock behind LF,

End Lock Step*, Rock Step, 1/4 Turn, Chassé, Cross, Point, Start Botafogo

1,2,3 LF step forward, RF step forward, recover weight on LF

4&5 ½ turn to the right stepping RF to the right, LF close to RF, RF step right

6,7 LF cross over RF, RF point to right 8& RF cross over LF, LF step to the left

End Botafogo, ¼ Turn Jazz Box, Rock Step, Sweep, Begin Sailor Step

1,2 recover on RF, LF cross over RF

3,4 RF step back, ¼ turn to the left stepping LF forward

5,6 RF step forward, recover on LF

7,8& RF sweep from front to back, RF cross behind LF, LF close to RF

Tag 1 at the End of wall 3:

1-4 sway to the right, sway to the left

Restarts: After count 28 in wall 5,6.7,8,9

Tag 2 at the End of wall 10. Dance till count 28 and continue with:

1-4 Rocking Chair with RF5-8 2x ½ Step Turns with RF

1,2& RF step right, Hold, LF close to RF

Start dancing Polka Motion

*during Polka Motion dance Shuffles instead of Lock Steps

Have fun and be happy!