What Love Can Do



拍數: 100 牆數: 1 級數: Phrased Intermediate

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音樂: Cry On My Shoulder - Westlife & Toni Braxton



AFTER 34 COUNTS. BEGIN DANCE AT VOCAL. NO TAG, NO RESTART. DANCE SEQUENCE: A,B,A,B(minus 8c +&),B,A,B(minus 2c sway),A (32 c).

SET 1: WEAVE TO RIGHT. SIDE ROCK AND SWAY.

1 2,3, 4 RF step to right ,hold , LF step behind RF, RF step next to LF,LF step front of RF.

5 RF rock to right.

6,7 & 8 Hip sway left, right, left, RF slightly position to 3.00

SET 2 : LF ROCK FORWARD ,PIVOT HALF TURN RIGHT. WALK LF,RF, LF POINT FORWARD . ROLLING VINE

1 - 2 LF forward ½ turn right

3, 4, 5 LF and RF walk forward, LF point to side.

6,7,8 Right full turn

SESSION 3 & 4 (Mirror Image of Session 1 & 2)

SET 3: WEAVE TO LEFT. ROCK AND SWAY.

1 2,3,4 LF step to left, hold, RF step behind LF, LF step next to RF, RF step in front of LF.

5 LF rock to Left.

6, 7 & 8 Hip sway right, left, right, LF slightly turn to 9.00

SET 4: RIGHT ROCK FORWARD, PIVOT HALF TURN LEFT, WALK RF, LF, RF POINT TO RIGHT. LEFT ROLLING VINE.

1 - 2 RF forward ½ turn Left.

3-4, 5 RF and LF walk forward, RF point to side.

6,7,8 Left full turn.

SET 5: RF,LF STEP TOGETHER TO RIGHT, CHASSE RIGHT. LF, RF STEP TOGETHER TO LEFT, CHASSE LEFT. PIVOT 1/4 TURN TO 6.00. AT 6.00 REPEAT (NO PIVOT 1/4 TURN).

1,2,3 & 4 RF step to right side, LF step close to RF. RF step to side,LF step close to RF. RF step to side.

5 ,6, 7 & 8 LF step to left side. RF step close to LF. LF step to side. RF step close to LF,LF step to left. Pivot ¼ turn to face 6.00.

DANCE AGAIN SESSION 5. OMIT PIVOT 1/4 TURN. (at 6.00)

SET 6: RIGHT COASTER STEP, PIVOT ¼ TURN RIGHT, WALK LF,RF,LF. RF STEP CLOSE TO LF(12.00) . KNEE BEND ARMS CROSS IN FRONT. RISE WITH ARMS RAISE UP ,SLOWLY OPEN AND SPREAD TO SIDE.

1,2 3 & 4 RF rock fwd, LF in place. RF rock back ,LF step next to RF.RF step fwd.

5 - 8 Walk forward ,LF,RF,LF, RF step close to LF . Bend down.

ARMS:-

1 - 4 Knee bend down and cross arms . Rise and raise arms up .

5 - 8 At arms above head slowly spread to side.

SET B.

SET 7: LF ROCK FWD, RF SWEEP OVER LF, LF STEP BACK, RF CLOSE TO LF. LF SWEEP BACK, RF STEP NEXT TO LF. LF STEP FWD, RF POINT TO RIGHT. RF FWD CROSS, LF POINT TO LEFT SIDE. LF CROSS BACK, RF POINT TO SIDE, RF CROSS BACK, LF POINT TO LEFT JAZZ BOX.

1,2 & 3 LF step fwd ,RF sweep across LF. LF step back , RF step next to LF.

4 & 5 ,6
7 - 8
LF sweep to back, RF step next to LF. LF step fwd, RF point to side
7 - 8
RF cross fwd over LF ,LF touch to left side.
LF rock back behind RF , RF touch to right side.RF cross behind LF, LF point to Left side.
LF cross over RF . RF step back .LF step close to RF.RF touch .

SET 8: RF SLIDE TO RIGHT. LF ROCK FWD IN FRONT OF RF, RECOVER, LEFT CHASSE. LF SLIDE TO LEFT. RF ROCK FWD IN FRONT OF LF. RECOVER, RIGHT CHASSE.

1,2,3 & 4 RF slide to right .LF rock in front of RF. RF in place. Chasse Left. 5,6,7,& 8 LF slide to left. RF rock in front of LF.LF in place. Chasse right

SET 9: LF CROSS OVER UNWIND, CHASSE LEFT,RF ROCK BACK, RF FWD, PIVOT HALF TURN LEFT TO 6.00.RF PIVOT HALF TURN LEFT TO 12.00, SWAY.

- 1 & 2 LF cross over RF and full turn.
- 3 & 4,5 LF step to left. RF close to LF, LF step to left, RF step back.
- 6 7 RF forward ,pivot ½ turn left. (to 6.00) & 8 RF forward ,pivot ½ turn left (to 12.00)
- 1 4 sway to right, left, right, left.

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