

Runaround Sue

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Raymond Sarlemijn (NL) & Ira Weisburd (USA) - September 2020
音樂: Runaround Sue - The Overtones : (Album: The Overtones Higher)



Intro: 32 counts. Start at approx. 24 seconds.

Tag: Easy 32 counts @ end of Wall 5 @ 3:00 & @ end of Wall 7 @ 9:00

PART I. (FORWARD, LOCK, STEP, TOUCH; FORWARD, LOCK, STEP, TOUCH)

1-2 Step R diagonally forward, Step L behind R
3-4 Step R forward, Touch L toe beside R
5-6 Step L diagonally forward, Step R behind L
7-8 Step L forward, Touch R beside L

PART II. (BACK, LOCK, STEP, TOUCH; BACK, LOCK, STEP, TOUCH)

1-2 Step R diagonally back, Step L across R
3-4 Step R back, Touch L toe beside R
5-6 Step L diagonally back, Step R across L
7-8 Step L back, Touch R toe beside L

PART III. (OUT, TOGETHER, OUT, TOGETHER; V-STEP)

1-2 Touch R toe to R, Step-close R beside L
3-4 Touch L toe to L, Step-close L beside R
5-6 Step diagonally forward onto R, Step diagonally forward onto L (Out Out)
7-8 Step back with R, Step L back beside R (In In)

PART IV. (OUT, OUT, HOLD, STEP, CROSS, HOLD; 1/4 L UNWIND, 1/4 L UNWIND, 1/4 L UNWIND, STEP)

&1-2 Step R to R, Step L to L, Hold
&3-4 Step L slightly back, Step R across L, Hold
&5&6 Lift R heel up & down making 1/4 L Turn (9:00), Lift R heel up & down making 1/4 L Turn (6:00)
&7-8 Lift R heel up & down making 1/4 L Turn (3:00), Step L in place

REPEAT DANCE.

*TAG -

PART I. (MONTEREY 1/4 R TURN; MONTEREY 1/4 R TURN)

1-2 Touch R toe to R, Bring R beside L and at the same time twist both heels to the L making 1/4 R Turn (6:00)
3-4 Touch L toe to L, Step-close L beside R
5-6 Touch R toe to R, Bring R beside L and at the same time twist both heels to the L making 1/4 R Turn (9:00)
7-8 Touch L toe to L, Step-close L beside R

PART II. (MONTEREY 1/4 R TURN; MONTEREY 1/4 R TURN)

1-2 Touch R toe to R, Bring R beside L and at the same time twist both heels to the L making 1/4 R Turn (12:00)
3-4 Touch L toe to L, Step-close L beside R
5-6 Touch R toe to R, Bring R beside L and at the same time twist both heels to the L making 1/4 R Turn (3:00)
7-8 Touch L toe to L, Step-close L beside R

PART III. (SWIVEL STEP: HEELS R, TOES R, HEELS R, CLAP HANDS; SWIVEL HEELS L, TOES L,

HEELS L, CLAP HANDS)

- 1-2 Twist both heels to R, Twist both toes to R
- 3-4 Twist both heels to R, Clap Hands
- 5-6 Twist both heels to L, Twist both toes to L
- 7-8 Twist both heels to L, Clap

PART IV. (OUT, OUT, HOLD, IN, IN, HOLD; CIRCLE HIPS CCW TWICE)

- &1-2 Step R to R, Step L to L, Hold
- &3-4 Step R in place, Step L beside R, Hold
- 5-6 Rotate Hips once around in a counter-clockwise motion
- 7-8 Rotate Hips once around in a counter-clockwise motion

***NOTE !! TAG is done twice in the dance:**

On the 3:00 Wall at the end of Wall 5 & the 9:00 Wall at the end of Wall 7

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