

Sugar Coated Loving

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Ruth Ann Strickland (USA) - September 2020
音樂: Sugar Coated Loving - Stevie Ray Vaughan & Lou Ann Barton



Alt Music: Reba McIntryre - Take It Back (3:17) 16 counts Intro

#48 Counts Intro to Sugar Coated Loving

Section 1 (RLR HIP BUMPS WITH FLICK, LRL HIP BUMPS WITH FLICK)

- 1-4 Rock diagonally fwd on R & bump hip to R, Bump hip to L, Bump hip to R, Flick LF behind R knee
5-8 Rock diagonally fwd on LF & bump hip to L, Bump hip to R, Bump hip L, Flick RF behind L knee

Section 2 (WALK BACK, HIP BUMP TURN, ROCKING CHAIR)

- 1-2 Step back on RF, Turn 1/4 Left, step on LF (9:00)
3-4 Hip bump to the right, Hip bump to the left
5-8 Rock forward on RF, recover on LF, rock back on RF, recover on LF

Section 3 (RIGHT VINE, LEFT VINE 1/4 TURN)

- 1-4 Step RF to side, step LF behind RF, step RF to side, touch left beside RF
5-8 Step LF to side, step RF behind LF, turn 1/4 left step left forward, scuff RF forward (6:00)

Section 4 (JAZZ BOX, 2 HIP BUMP 1/8 PIVOT TURNS)

- 1-4 Step R across L, Step L back, step R to right; Step L together
5-6 Step R forward bumping right hip at the same time, Turn 45 degrees left bumping left hip at the same time
7-8 Step R forward bumping right hip at the same time, Turn 45 degrees left bumping left hip at the same time (3:00)

No Tag or Restart

I hope you enjoy!

Contact: strcklndra@gmail.com