Canadian Summer (P)

COPPER KNOB

拍數: 32

牆數:0

級數: Novice Partner

編舞者: Guy Dubé (CAN), Nancy Milot (CAN), Michel Auclair (CAN) & Helene Lavoie (CAN) - September 2020

音樂: Canadian Summer - Dean Brody

Start : In Double Hand Cross position. The man and lady's steps are the same except if indicated. Intro : 16 counts.

[1-8] M : ROCK BACK, TRIPLE STEP, STEP FWD, 1/2 TURN L, SHUFFLE BACK

- [1-8] L : ROCK BACK, TRIPLE STEP in 1/2 TURN L, STEP FWD, 1/2 TURN L, SHUFFLE BACK
- 1-2 Rock back R, recover on L
- 3&4 M : Triple step on place with R,L,R

L : Triple step in 1/2 turn left with R,L,R returning beside the man in Sweetheart position.

- *** On count 3, raise both R hands over the lady's head.
- *** On count 4, finish in Sweetheart position.

5-6 Step L forward, pivot 1/2 turn to left and step R back

*** On count 6, release both L hands and raise both R hands over the lady's head.

At the end of the 1/2 turn left, take both L hands forward.

The both R hands are now in the man's back.

7&8 Shuffle back with L,R,L

[9-16] M : ROCK BACK, STEP FWD, PIVOT 1/2 TURN L, SHUFFLE FWD, 2X WALK FWD

[9-16] L : ROCK BACK, STEP FWD, PIVOT 1/2 TURN L, SHUFFLE FWD, FULL TURN R

- 1-2 Rock back R, recover on L
- 3-4 Step R forward, pivot 1/2 turn to left

*** On count 3, release both R hands and raise both L hands.

On count 4, take both R hands in Sweetheart position.

- 5&6 Shuffle forward with R,L,R
- 7-8 M : Walk forward with L,R
 - L : 1/2 turn to right and step L back, 1/2 turn to right and step R forward
- *** On count 7, release both L hands and raise both R hands.

*** On count 8, take both L hands and recover Sweetheart position.

[17-24] M : 1/4 TURN R and STEP SIDE, HOLD, TOGETHER, 1/4 TURN L and STEP FWD, STEP FWD, STEP FWD, HOLD, TOGETHER, STEP FWD, TOUCH

[17-24] L : 1/4 TURN R and STEP SIDE, HOLD, TOGETHER, 1/4 TURN L and STEP FWD, STEP FWD, STEP FWD 1/2 TURN L TOUCH

- 1-2 1/4 turn to right and step L to left, hold
- &3-4 Step R together L, 1/4 turn to left and step L forward, step R forward

*** On count 3, release both R hands and raise both L hands.

- *** On count 4, take both R hands in Sweetheart position.
- 5-6 Step L forward, hold
- &7-8 M : Step R together L, step L forward, point R to R side

L : Step R together L, step L forward, 1/2 turn to left and touch R together L

*** On count 8, raise both R hands over the lady's head.

Recover to Double Hand Cross position.

[25-32] M : CROSS ROCK STEP, RECOVER, TRIPLE STEP, 2X (WALK FWD), SHUFFLE FWD [25-32] L : CROSS ROCK STEP, RECOVER, TRIPLE STEP in FULL TURN R, 2X (WALK BACK), SHUFFLE BACK

- 1-2 Cross rock step R over L, recover on L
- *** On count 1, push both R palms together and release both L hands.

3&4 M : Triple step on place with R,L,R



L : Triple step in full turn to right with R,L,R

--- Easy option for lady : Triple step in 1/2 turn to right with R,L,R

*** On counts 3&4, raise both R hands over the lady's head.

Finishing both R hands at the lady's shoulder height, without taking both L hands.

5-6 M : Walk forward with L,R

L : Walk back with L,R

--- Lady if you done the easy option at 3&4, do this : 1/2 turn to right and step L back, step R back *** On count 5, keep both R hands together.

*** On count 6,take both L hands under R hands in Double Hand Cross position.

- 7&8 M : Shuffle forward with L,R,L
- 7&8 L : Shuffle back with L,R,L

REPEAT and HAVE FUN ! GUY, NANCY, MICHEL & HELENE

Last Update: 26 Apr 2025