Peter Gunn Theme



拍數: 32 牆數: 4 級數: Improver

編舞者: Geremy Vincent - September 2020 音樂: Peter Gunn Theme - Henry Mancini



* count Intro - No Tags or Restarts.

SKATE

Skate right forward both arms up right 45 degrees. 1 2 Skate left forward both arms up left 45 degrees. 3 Skate right forward both arms up right 45 degrees. 4 Skate left forward both arms up left 45 degrees.

Walk Back

Right step back both arms down right 45 degrees. 5. 6. Left step back both arms down left 45 degrees. 7. Right step back both arms down right 45 degrees. 8. Left step back both arms down left 45 degrees.

Knees Out/In, Chasse, Pivot Turn

1 Knees out, both hands on knees. 2 Knees in, both hands on knees. 3 & 4. Chasse forward (right, left, right). 5 & 6. Chasse forward (left, right, left).

7 & 8. Step forward right, pivot 1/2 to your left.

Quarter Weave Cross, Step, Hold, Sailor Step

1 Turn quarter left while stepping right to right side.

2 Cross step left behind right.

3 Step right to right. 4 Cross left over right.

5. Step right, hands up 45 degrees.

6. Hold, hands down to side

7 & 8. Sailor step (left right left with a quarter turn left).

Cross Points, Jazz Box Quarter Turn

1 Right foot crosses over left.

2 Left foot points out to the left side, both arms down 45 degrees to the right.

3 Left foot crosses over right.

4 Right foot points out to the right side, both arms down 45 degrees to the left.

5 Cross right over left. 6 Step back on left.

7. Quarter turn right stepping right to right side.

8. Step left.