

This Time for Africa

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Phrased High Beginner
編舞者: Mei Lestari (INA) - September 2020
音樂: Waka Waka (This Time for Africa) - Shakira



Starts after 32 seconds

Sequence : AAB Tag AAB AAB AAB AA

A (32 counts)

A1. STEP DIAGONAL BACK, TOGETHER, STEP DIAGONAL BACK, TOUCH 2X

1,2 Step Rf to R diagonal back, close Lf next to Rf
3,4 Step Rf to R diagonal back, touch Lf beside Rf
5,6 Step Lf to L diagonal back, close Rf next to Lf
7,8 Step Lf to L diagonal back, touch Rf beside Lf

A2. SHUFFLE TURN FORWARD

1&2 Step Rf forward, close Lf next to Rf, step Rf forward
3&4 Make ½ turn R shuffle on Lf-Rf-Lf
5&6 Make ½ turn R shuffle on Rf-Lf-Rf
7&8 Step Rf forward, close Lf next to Rf, step Rf forward

A3. KICK BALL CHANGE, PIVOT ¼ TURN L (2X)

1&2 Kick Rf forward, step Rf beside Lf, step Lf in place
3,4 Step Rf forward, ¼ turn L recover on Lf
5-8 Repeat 1-4

A4. BOTAFOGO, HEEL TOUCH, ROCK SIDE

1&2 Cross Rf over Lf, step ball Lf to L, recover on Rf
3&4 Cross Lf over Rf, step ball Rf to R, recover on Lf
5&6& Touch R heel forward, step Rf beside Lf, touch L heel forward, step Lf beside Rf
7&8 Rock Rf to R, recover on Lf, step Rf together

B (16 counts)

B1. STEP IN PLACE (with hip sway and hand movements)

1-4 Step in place on Rf-Lf-Rf-Lf (sway) both palms together in front of the chest
5,6 Both hands raised and lowered twice
7-8 Both hands slashed to the side

Section B2 repeat Section 1

Tag: 32 counts

TS1. OUT-OUT, IN-IN, JAZZ BOX ¼ TURN R

1,2 Step Rf to R diagonal forward, step Lf to L diagonal forward
3,4 Step Rf back to center, step Lf beside Rf
5,6 Cross Rf over Lf, step Lf back making ¼ turn R
7,8 Step Rf to R, step Lf forward

Section 2, 3, 4 repeat Section 1

Have Fun....

