

Change Your Mind (P)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Intermediate Partner
編舞者: France Bastien (CAN) & Serge Légaré (CAN) - October 2020
音樂: Change Your Mind - Keith Urban



Start position face to face woman I.L.O.D, man O.L.O.D

[1-8] Side Large Step, Cross Back Rock Side, Behind ¼ Turn Step, Step Pivot ½ Turn Step, Rock Step

- 1 Men: Big step of right foot right
 Woman: Big step with left foot
- 2 & 3 Men: Left foot crossed behind - back on right foot - left foot to the left
 Woman: Right foot crossed behind - back on left foot - right foot

Keep only the L hand of the partner

- 4 & 5 Men: R cross back behind - ¼ turn to the left, L foot forward - R foot forward
 Woman: Left foot crossed behind - ¼ turn to the right, right foot forward - left foot forward

Leave the partner's L hand and take the R hand

- 6 & 7 Men: Left foot forward - ½ turn to the right weight on right foot - left foot forward
 Woman: Right foot forward - ½ turn to the left weight on left foot - right foot forward
- 8-1 Men: Foot R forward - return to foot L
 Woman: Left foot in front - back on right foot

[9-16] Back Lock Back, Sailor Step ½ Turn, Step Lock Step, Rock Step

- 2 & 3 Men: R foot behind - L foot crossed in front - R foot behind
 Woman: L foot behind - R foot crossed in front - L foot behind

Let go of partner's R hand and take L hand

- 4 & 5 Men: Left foot crossed behind - ¼ turn to the left, right foot on the spot - ¼ turn to the left, left foot forward
 Woman: Foot R crossed behind - ¼ turn to the right, foot L on the spot - ¼ turn to the right, foot R forward
- 6 & 7 Men: R foot in front - L foot crossed behind - R foot in front
 Woman: Left foot in front - crossed right foot behind - left foot in front
- 8-1 Men: Left foot forward - return to right foot
 Woman: Foot R in front - back on foot L

[17-24] Back Lock Back, ¼ Turn Rock Side, Behind Side Cross Side Cross

- 2 & 3 Men: Left foot behind - crossed right foot in front - left foot behind
 Woman: R foot behind - L foot crossed in front - R foot behind

Take both hands of the partner

- 4-5 Men: ¼ turn to the right, foot R to the right - return on foot L
 Woman: ¼ turn left, left foot left - return to right foot
- 6 & 7 Men: R foot crossed behind - left foot to the left - R foot crossed in front
 Woman: L foot crossed behind - R foot to the right - L foot crossed in front
- & 8 Men: Left foot to the left - right foot crossed in front
 Woman: Right foot right - left foot crossed in front

[25-32] Large Step, Sailor Step, Sailor Step, Rock Side, Step

- 1 Men: Big step with left foot
 Woman: Big step of right foot right
- 2 & 3 Men: Right foot crossed behind - left foot to the left - right foot
 Woman: L foot crossed behind - R foot to the right - L foot to the left
- 4 & 5 Men: L foot crossed behind - R foot to the right - L foot to the left
 Woman: Right foot crossed behind - left foot to the left - right foot

6-7-8 Men: Right foot right - back on left foot - right foot forward
Woman: Left foot left - back on right foot - left

[33-40] Step, ¼ Turn Side, Together, ¼ Turn Step, ½ Turn Shuffle Position Close Side, ½ Turn Shuffle Position Close Side, (H: ¼ Turn Step), (F: ½ Turn L)

Leave the partner's L hand and lift the partner's right to go under the arm

1 Men: Left foot in front
Woman: Foot R in front

Take a close position side by side

2 & 3 Men: ¼ turn left, right foot R - left foot next to right foot - ¼ turn left, right foot forward
Woman: ¼ turn right, left foot left - right foot next to left foot - ¼ turn right, left foot forward
4 & 5 Men: ¼ turn to the right, left foot forward - right foot next to left foot - ¼ turn to the right, left foot forward
Woman: ¼ turn to the right foot R front - L foot next to R foot - ¼ turn right foot R front
6 & 7 Men: ¼ turn right foot R front - L foot next to R foot - ¼ turn right foot R front
Woman: ¼ turn to the right, left foot forward - right foot next to left foot - left foot crossed in front

Keep the right hand of the partner to pass it under the arm

8 Men: ¼ turn right foot L forward
Woman: ½ turn left foot R behind

[41-48] H: Step Fwd, Mambo Fwd, Coaster Step, Step Fwd, ¼ Turn, Cross

[41-48] F: Back, Mambo Back, Step ½ Turn Step, Step Fwd, ¼ Turn, Cross

Take both hands shoulder R to shoulder R slightly diagonally

1 Men: Right foot in front
Woman: Foot L behind
2 & 3 Men: Left foot in front - back on right foot - left foot behind
Woman: Right foot behind - back on left foot - right foot in front

Leave partner's R hand and keep partner's L hand

4 & 5 Men: R foot behind - L foot next to R foot - R foot in front
Woman: Left foot forward - ½ turn to the right weight on right foot - left foot forward

Take both hands face to face

6-7-8 Men: L foot forward - ¼ turn to the right weight on right foot - left foot crossed in front
Woman: Right foot in front - ¼ turn to the left weight on left foot - right foot crossed in front

[49-56] Large Step, Mambo Back, Together, ¼ Turn, ¼ Turn Large Step, Mambo Back, Together, ¼ Turn Step

1 Men: Big step of right foot right
Woman: Big step with left foot
2 & 3 Men: Left foot behind - back on right foot - left foot forward
Woman: Right foot behind - back on left foot - right foot in front

Raise R hand to go under arm and keep partner's L hand in lower back until count 4

& 4 Men: Right foot next to left foot - ¼ turn left foot left forward
Woman: Foot L next to foot R - ¼ turn to the right foot R front

Take back both hands face to face

5 Men: ¼ turn to the left with a large step of the right foot R
Woman: ¼ turn to the right, foot L to the left
6 & 7 Men: Left foot behind - back on right foot - left foot forward
Woman: Right foot behind - back on left foot - right foot in front

Raise R hand to go under arm and keep the L hand of the partner in the lower back until count 8

& 8 Men: R foot next to L foot - ¼ turn left foot L forward
Woman: Foot L next to foot R - ¼ turn to the right foot R f

[57-64] Rock Step, ½ Turn Shuffle, Step Lock Step, Step Fwd, ½ Turn

Keep hand D of the partner

1-2 Men: Foot R forward - return to foot L

Woman: Left foot in front - back on right foot

Leave hands

3 & 4

Men: $\frac{1}{4}$ turn right, right foot R right - L foot next to R foot - $\frac{1}{4}$ turn right, R foot forward

Woman: $\frac{1}{4}$ turn left, left foot left - right foot next to left foot - $\frac{1}{4}$ turn L left foot forward

Take back the L hand of the partner

5 & 6

Men: Left foot in front - crossed right foot behind - left foot in front

Woman: Right foot in front - crossed left foot behind - right foot in front

Leave the hand for the $\frac{1}{2}$ turn

7-8

Men: Foot R forward - $\frac{1}{2}$ turn to the left weight on foot L

Woman: Foot L forward - $\frac{1}{2}$ turn to the right weight on foot R

Start over

Restart: In the 2nd dance routine, do the first 48 counts and start from the beginning

Email: sergiocountry08@hotmail.com

Have a good dance!
