Happy Is

拍數: 32

級數: Beginner

編舞者: Cowboy Ron (USA) - October 2020

音樂: Happy Does - Kenny Chesney

Intro: starts on lyrics Two restarts: Wall 2, after 16 steps Wall 3, after 16 steps

TOE-HEEL STRUTS 4X

- 1-2 Touch R toe forward, drop R heel, weight to right
- 3-4 Touch L toe forward, drop L heel, weight to left
- 5-6 Touch R toe forward, drop R heel, weight to right
- 7-8 Touch L toe forward, drop L heel, weight to left

STOMP, HOLD, BALL-STOMP, CLAP

- 1-2& Stomp R to R forward diagonal, hold, quickly bring L to R
- 3-4 Stomp R to diagonal, clap
- 5-6& Stomp L to L forward diagonal, hold, quickly bring R to L
- 7-8 Stomp L to diagonal, clap

LINDY RIGHT, LINDY LEFT

- 1&2 Shuffle RLR to right side
- 3-4 Rock back on L behind right, recover forward on R
- 5&6 Shuffle LRL to left side
- 7-8 Rock back on R behind left, recover forward on L

KICK-BALL-CHANGE 2X, ¼ TURN JAZZ BOX RIGHT

- 1&2 Kick R forward, step ball of R next to L, raising L, step on L next to R
- 3&4 Kick R forward, step ball of R next to L, raising L, step on L next to R
- 5-6 Cross step R over L, step back on L
- 7-8 Turn ¼ right, stepping R to right side, step L beside R

Alt music: Daisy Dukes & Cowboy Boots by Cowboy Troy Different restart with this music:

Restart on Wall 5, after 16 steps

Contact: dancingwiththecowboy@gmail.com





牆數:4