Paradise To Me



拍數: 48 牆數: 4 級數: High Intermediate

編舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - October 2020

音樂: PARADISE TO ME - Niko Moon



Intro: 16 Counts - No Tag or Restart

Sec 1: Big Step to R, Step Behind & Cross, Side, Behind, Side, 1/8 Turn L, Rock fwd, Recover, 1/2 Turn R, Rock fwd, Recover, Full Turn L with a Sweep

1-2& RF. Big step to R side - LF. Step behind RF - RF. Cross over LF

3-4& LF. Step to L side - RF. Cross behind LF - LF. 1/8 Turn L step forward (10:30)

5-6& RF. Rock forward - LF. Recover - RF. 1/2 Turn R step forward (4:30)
7-8&1 LF. Rock forward - RF. Recover - LF. 1/2 Turn R step forward (10:30)
RF. 1/2 Turn R step back and sweep LF from front to back (4:30)

Sec 2: 1/8 Turn L Cross Behind, Side, Cross Rock, Recover, Side, Cross Rock, Recover, 1/4 Turn R, 1/2 Turn R with a Sweep, Sailor Step

2& LF. 1/8 Turn L cross behind RF - RF. Step to R side (3:00)
 3-4& LF. Cross rock over RF - RF. Recover - LF. Step to L side

5-6& RF. Cross rock over LF - LF. Recover - RF. 1/4 Turn R step forward (6:00)

LF. 1/2 Turn R step back and sweep RF from front to back (12:00)
 RF. Cross behind LF - LF. Step to L side - RF. Step to L side

Sec 3: Cross Behind, Side, Step fwd, Step fwd, 1/4 Turn L, Cross, Side, Touch, Side, Cross Behind, Side, Step fwd

2&3 LF. Cross behind RF - RF. Step to R side - LF. Step forward 4&5 RF. Step forward - 1/4 Turn L - RF. Cross over LF (9:00)

6&7 LF. Step to L side - RF. Touch toe beside LF - RF. Step to R side 8&1 LF. Cross behind RF - RF. Step to R side - LF. Step forward

Sec 4: Step fwd, 1/2 Turn L, Step fwd, 1/4 Step-Lock-Step, 1/4 Side Rock, Recover, Cross Rock Behind, Recover, Point

2&3 RF. Step forward - 1/2 Turn L - RF. Step forward (3:00)

4&5 LF. 1/4 Turn L step forward - RF. Lock behind LF - LF. Step forward (12:00)

6-7 RF. 1/4 Turn L rock to R side - LF. Recover (9:00)

8&1 RF. Cross rock behind LF - LF. Recover - RF. Point toe to R side

Sec 5: Sailor 1/2 Turn R and Cross, Chasse 1/4 Turn L, 1/4 Turn L with Step-Lock-Step back, 1/4 Turn L with Step-Lock-Step fwd

2&3 RF. 1/2 Turn R cross behind LF - LF. Step to L side - RF. Cross over LF (3:00)

4&5 LF. Step to L side - RF. Close beside LF - LF. 1/4 Turn L step forward (12:00)
6&7 RF. 1/4 Turn L stap back - LF. Lock across RF - RF. Step back (9:00)

6&7 RF. 1/4 Turn L stap back - LF. Lock across RF - RF. Step back (9:00)
8&1 LF. 1/4 Turn L step forward - RF. Lock behind LF - LF. Step forward (6:00)

Sec 6: Rock fwd, Recover, Step back, Coaster Step, Rock fwd, Recover, 1/4 Turn R, Cross, Touch

2&3 RF. Rock forward - LF. Recover - RF. Step back

4&5 LF. Step back - RF. Step together - LF. Step forward

6&7 RF. Rock forward - LF. Recover - RF. 1/4 Turn R step to R side (9:00)

8& LF. Cross over RF - RF. Touch toe beside LF

Start Again

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