We Were Swingin'

級數: Improver

編舞者: Lesley Stewart (SCO) - October 2020

音樂: Swingin' - The Mavericks

Intro: 16 counts start on vocals

拍數: 64

Restarts:

On wall 2, section 6, dance to count 7 then step left to left side On wall 5, section 2, dance to count 5 then Step ½, left shuffle forward

CHARLESTON STEPS X2

- 1-2 Touch right foot forward, step back in place
- 3-4 Touch left foot back, step back in place
- 5-6 Touch right foot forward, step back in place
- 7-8 Touch left foot back, step back in place

WALK RIGHT & LEFT, ROCK LOCK STEP, STEP ¼ TURN, CROSS SHUFFLE

- 1-2 Walk forward right, left (like a prissy walk)
- 3&4 Step forward on right, lock left behind right, step forward on right
- 5-6 Step forward on left, 1/4 turn right
- 7&8 Cross step left over right, step right to right side, cross step left over right

STEP RIGHT, HOLD, STEP RIGHT, HOLD, ROCK, ¼ TURN, SHUFFLE

- 1-2 Step right to right side, Hold
- &3-4 Step left next to right, step right to right side, Hold
- Step left next to right, rock right out to right side, 1/4 turn left as you recover on left &5-6
- 7&8 Step forward on right, step left next to right, step forward on right

STEP LEFT, HOLD, STEP LEFT, HOLD, ROCK, ¼ TURN, SHUFFLE

- 1-2 Step left to left side, Hold
- &3-4 Step right next to left, step left to left side, Hold
- Step right next to left, rock left out to left side, 1/4 turn right as you recover on right &5-6
- 7&8 Step forward on left, step right next to left, step forward on left

JAZZ BOX, JAZZ BOX 1/4 TURN

- 1-2 Cross step right over left, step back on left
- 3-4 Step right to right side, step forward on left
- 5-6 Cross step right over left, step back on left
- 7-8 1/4 turn right stepping right to right side, step forward on left

FIGURE 8

- 1-2 Step right to right side, step left behind right
- 3-4 1/4 turn right stepping forward on right, step forward on left
- 5-6 1/2 turn right, 1/4 turn right stepping left
- 7-8 Step right behind left, 1/4 turn left stepping forward on left

ROCK FORWARD, RECOVER, ½ TURN SHUFFLE, ROCK FORWARD, ½ TURN SHUFFLE

- 1-2 Rock forward on right, recover
- 3&4 1/2 turn right shuffle stepping right, left, right
- 5-6 Rock forward on left, recover
- 7-8 1/2 turn left shuffle stepping left, right, left

3/4 TURN WALKING ROUND RIGHT, LEFT SHUFFLE, WALK LEFT, RIGHT, SHUFFLE





牆數:2

- 1-2 Walk round completing a ³/₄ turn left, starting with right, left
- 3&4 Shuffle stepping right, left, right
- 5-6 Walk round stepping left, right
- 7&8 Shuffle stepping left, right, left

Start Again......Happy Dancing......

Last Update - 21 Oct. 2020-R2