

拍數:	: 32	牆數: 4	級數: Improver	
編舞者:	: Om Parc	di (INA) - October 2020		
音樂:	Alone, Pt. II - Alan Walker & Ava Max : (Album: Alone, Pt. II)			
SEC 1: DIAGOI BACK COASTE		K, RECOVER, DIAGON	NAL ROCK, RECOVER, DIAGONAL	- ROCK, RECOVER,
1&2&	Rock R for Recover	,), Recover on L (&), Rock R forward	to R diagonal (2),
3&4	Rock R b	ack to L diagonal (3), F	Recover on L (&), Step R forward to	R diagonal (4)
5&6&	Rock L forward to R diagonal (5), Recover on R (&), Rock L forward to L diagonal (6), Recover on R (&)			
7&8	Make 1/8	L turn step L back (7),	Step R next to L (&), Step L forward	(8) t
SEC 2: SIDE R SHUFFLE	OCK, REC	OVER, FORWARD, F	ORWARD, TURN ½ RIGHT, FORW	/ARD, MODIFIED BO>
1&2	Rock R to	o side (1), Recover on L	_ (&), Step R forward (2)	
3&4	Step L for	rward (3), Make ½ R tu	rn on R (&), Step L forward (4)	
5&6	Step R to	side (5), Step L next to	o R (&), Step R forward (6)	
7&8	Step L to	side (7), Step R next to	o L (&), Step L forward (8)	
*Restart here or	n wall 3 &	wall 4		
SEC 3: SIDE TO	OUCH, BE	SIDE TOUCH, SIDE T	OUCH, ¼ RIGHT BACK COASTER	STEP
1&2	Touch R	outside R (1), Touch L	beside R (&), Touch R outside R (2))
3&4			Step L next to R (&), Step R forward	()
5&6&	Rock L fo on R (&)	rward to diagonal L (5)	, Recover on R (&), Make 1/8 L rock	(L forward (6), Recove
7&8	Rock L to	side (7), Recover on F	R (&), Step L next to R (8)	
SEC 4: BOTAF	OGOS, JA	ZZ BOX		
1&2	Cross R o	over L (1), Step L to sid	e (&), Step R to side (2)	

- 3&4 Cross L over R (3), Step R to side (&), Step L to side (4)
- 5-8 Cross R over L (5), Step L back (6), Step R to side (7), Step L forward (8)

Enjoy the dance and have fun!

Restart during wall 3 after 16 count. You dance facing 9 o'clock Restart during wall 4 after 16 count. You dance facing 12 o'clock

For more information about this dance please contact: gieprod@yahoo.com

Last Update - 11 Oct. 2020



SE BA

- 1&2 2),
- 3&4
- 5&6 6),
- 7&8

SE D BOX SH

- 1&2
- 3&4
- 5&6
- 7&8
- *Re

SE

- 1&2
- 3&4
- 5&6 Recover
- 7&8

SEC