

# How It's Done

拍數: 80      牆數: 1      級數: Intermediate  
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音樂: How It's Done - Kash Doll, Kim Petras, ALMA & Stefflon Don : (From Charlie's Angels - OST)



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### #1. R FORWARD - TOUCH - L FORWARD - TOUCH - R SIDE - TOUCH - L SIDE - TOUCH

- 1-2      Step R forward, L touch beside R
- 3-4      Step L forward, R touch beside L
- 5-6      Step R to side L touch beside R
- 7-8      Step L to side, R touch beside L

### #2. FUNKY SKATE BACK - R SIDE - FLICK - L SIDE - FLICK

- 1-2      Step R back and lifting L toe up and out, step L back and lifting R toe up and out
- 3-4      Step R back and lifting L toe up and out, step L back and lifting R toe up and out
- 5-6      Step R to side, L quick kick backward with pointed toe & flexed knee
- 7-8      Step L to side, R kick forward

### #3. R FORWARD LOCK SHUFFLE - L FORWARD LOCK SHUFFLE - R BACK LOCK SHUFFLE - L BACK LOCK SHUFFLE

- 1&2      Step R forward, step L behind R, step R forward
- 3&4      Step L forward, step R behind L, step L forward
- 5&6      Step R back, step L cross over R step R back
- 7&8      Step L back, step R cross over L, step L back

### #4 R STOMP - L STOMP - R STOMP (2x) - ¼ TURN STOMP - R STOMP - L STOMP (2x)

- 1-2      Step R stomp to side, step L stomp to side
- 3&4      Step R stomp in place, R knee up, step R stomp in place
- 5-6      ¼ turn left step L to side, step R stomp in place
- 7&8      Step L stomp in place, L knee up, step L stomp in place

### #5. R SIDE - TOUCH BEHIND - L SIDE - TOUCH BEHIND - V STEP

- 1-2      Step R to side - L touch behind R
- 3-4      Step L to side - R touch behind L
- 5-6      Step R diagonal forward, step L diagonal forward
- 7-8      Step R back to centre, step L back close beside R

### #6. R CHASSE - ¼ TURN - L CHASSE - JAZZBOX

- 1&2      Step R to side, step L close beside R, step R to side
- 3&4      ¼ turn left step L to side, step R close beside L, step L to side
- 5-6      Step R cross over L, step L back
- 7&8      Step R to side, step L cross over R

### #7. PRISSY WALK RL - SIDE - BOUNCE - KICK BALL SIDE - SWIVEL

- 1-2      Cross walk on R, cross walk on L
- 3&4      Step R to side, heel both up, heel both down
- 5&6      Right kick forward, Step right on right, Step left on left
- 7&8

Swivel R heel in towards L, swivel R toe in towards L, Swivel R heel in towards L

#### **#8. SIDE - HOLD - CLOSE - SIDE - FORWARD ROCK - QUARTER LEFT - TOUCH**

- 1-2& Step R to side, hold, step L close beside R
- 3-4 Step R to side, L touch beside R
- 5-6 Step L forward, recover on R
- 7-8 ¼ turn left step L to side, R touch beside L

#### **#9. MODIFIED VINE - ROLLING VINE**

- 1&2& Step R to side, step L behind R, step R to side, step L cross over R
- 3&4 Step R to side, step L behind R, step R to side
- 5-6 ¼ turn left step L forward, ½ turn left step R back
- 7-8 Step L to side, R touch beside L

#### **#10. CROSS ROCK RL - FORWARD - QUARTER LEFT - UNWIND**

- 1&2 Step R cross over L, recover on L, step R to side
- 3&4 Step L cross over R, recover on R, step L to side
- 5-6 Step R forward, ¼ turn left step L in place
- 7-8 R cross touch over L, make full turn to left

**Enjoy the dance**

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