Lake Baikal (貝加爾湖畔)

拍數: 32

級數: Beginner

編舞者: Betty Dance (HK) - October 2020

音樂: Lake Baikal (貝加爾湖畔) - Li Jian (李健)

Intro : Following with piano music, there are by 32 counts played by accordion. Dance starts one count before vocal.

CROSS, SIDE, BACK, SIDE, CROSS, RECOVER, DRAG, HOLD

- 1-2-3-4 L step cross over R, R step side next to L, L step back, R step side next to L
- 5-6-7-8 L step cross over R, recover to R, L drag to L side, hold

CROSS, SIDE, BACK, SIDE, CROSS, RECOVER, DRAG, HOLD

- 1-2-3-4 R step cross over L, L step side next to R, R step back, L step side next to R
- 5-6-7-8 R step cross over L, recover to L, R drag to L side, hold

(STEP FORWARD, POINT, STEP BACK, POINT) DIAGONALLY TO R SIDE, (STEP FORWARD, POINT, STEP BACK, POINT) DIAGONALLY TO L SIDE,

1-2-3-4 L step forward diagonally to R side, point R next to L, L step back, point R next to L

5-6-7-8 L step forward diagonally to L side, point R next to L, L step back, point R next to L

CROSS SHUFFLE, SIDE KICK, CROSS SHUFFLE WITH L ½ TURN, SIDE KICK

- L cross over R, R step next to L, R cross over L, R kick to R side 1&2-3-4
- 5&6-7-8 1/2 Turn L on ball with R cross over L (6:00), L step next to R, L cross over R, L kick to L side

*2nd wall starts at 6:00

Tag of 4 counts at the start of 5th wall, 8 counts at the start of 10th wall

Please watch my demo for dance practice!

Let's be happy & dance in the sun!

Enjoy dancing with Betty (Associate Degree and Licentiate Degree of Line Dancing, Qualified Teacher of Line Dancing (International Dance Teachers' Association, UK))

END





牆數: 2