Sleigh Ride



拍數: 32 牆數: 4 級數: Beginner

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音樂: Sleigh Ride - Gwen Stefani

Intro: Start after lyric " Just hear those....."

*Restart: Wall 6, after 8&

SEC1: STEP/STOMP, SAILOR STEPS, CROSS ROCK, SIDE, DOROTHY STEPS (R-L)

1-2&3 Step or stomp RF to R, Cross LF behind RF, step RF beside LF, step /stomp LF to L

4&5 Cross RF behind LF step LF beside RF & step RF fwd to the diagonal

6&7 8& Step LF fwd to the diagonal, lock, RF behind LF, step LF fwd

*Wall 6 restart after 8& (face 3.00)

SEC2: CHARLESTON STEPS ,1/4 R JAZZ BOX

Touch RF fwd, step LF on L with swinging RF from front to back(&), step RF back
Touch LF back, step RF on R with swinging LF from back to front (&),step LF fwd
Cross RF over LF, 1/4 turn R, step LF back, step RF to R, cross LF over RF (9:00)

SEC3: FORWARD SHUFFLE (GALLOPING STEPS), SWIVEL TO RIGHT AND LEFT

1 2 3&4 Press RF fwd, hitch up RF as LF hop back, RF step fwd, hitch up RF as LF hop back, RF step

down

5&6, 7&8 Swivel both legs LRL, to the L, swivel both legs RLR to to R

SEC4: STEP BACK TWICE, COASTER STEP, FORWARD PIVOT TURN, RUN FORWARD

1 2, 3&4 Step LF back, step RF back, step LF back, step RF beside LF, LF step fwd
5 6 7&8 Step RF fwd, pivot L turn, LF step on, run fwd RF, fwd LF, RF touch beside LF

Start again! Enjoy!

Optional count: Charleston steps 1 2 3 4

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