Ollaan Yhdessä (We're Together)



拍數: 68 牆數: 2 級數: Phrased Intermediate

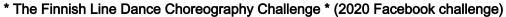
編舞者: Laura Hannele Pitkänen (FIN), Hanna Pitkänen (FIN), Sara Jalkanen (FIN),

Susanna Tonteri (FIN), Saku Tonteri (FIN), Anja Tonteri (FIN), Pauliina Tonteri (FIN), Susanna Leskinen (FIN), Mikael Mölsä (FIN), Heidi Strid (FIN), Rita Otti

(FIN), Päivi Heikkinen-Jäkkö (FIN), Kirsi-Marja Vinberg (FIN), Kaarina Kasala

(FIN), Katri Hietanen (FIN) & Kirsi Uusimäki (FIN) - November 2020

音樂: Uuden edessä - Toivon kärki : (Spotify)



Phrasing: A. B. A. B. A. A 16 counts with restart, A. B. B.

Start the dance after 16 count Intro (approx 12 sec into the track)

Part A (32 counts):

[1-8]: Hitch x2, Bhd, Side, Cross shuffle, 1/4 Rock, Recover, Back, Hitch, Point

1&2 Hitch L fwd, Touch L fwd, Hitch L fwd,3& Cross step L bhd R, Step R to R side,

4&5 Cross step L over R, Step R to R side, Cross step L over R,

6&7&8 Turn 1/4 R stepping R fwd, Recover to L, Step R back, Hitch L fwd, Point L back,

[9-16]: ½ Turn, Hitch, Coaster Cross, Side, Together, Cross, Side, Bhd, Side, Point

1-2 ½ Turn L stepping L fwd, Hitch R fwd,

3&4 Step R back, Step L beside R, Step R over L,

&5 Step L to L side, Step R beside L (Angle body 10:30),

6&7&8 Cross step L over R (3:00), Step R To R side, Cross Step L Bhd R, Step R To R side, Point L

Fwd,

**Restart here

[17-24]: Sweep, Back, Toe-Heel-Walk ¼, Unwind ½, Switches x6 With hand movements

1-2 Sweep L from front to back, Step L bhd R (9:00),

&3&4& Swivel R toes to L, Swivel R heel to L turning 1/8 L, Swivel R toes To L, Swivel R heel to L

turning 1/8 L (6:00) Keep weight on L, Quick ½ turn L keeping feet close together (12:00),

5-6 Switch weight to R, Switch weight to L,

7&8 Switch R, Switch L, Switch R, Hand movements for switches (Counts 21-24):

5-6 Put your L hand infront of your mouth, Put your R hand infront of your mouth,

7&8 Lift both hands above your head. Bring them down from each side with open arms

[25-32]: ¼ Turn, ½ Turn, ¼ Turn, Together, Side, Rock, Recover, Shuffle ½ Turn

1-2 Turn ¼ L stepping L fwd, Turn ½ L stepping R back,

3&4 Turn ½ L stepping L to L side, Step R beside L, Step L to L side, Easy option without turns for counts 25-28: Side, Together, Side, Together, Side

1-2 Step L to L, Step R beside L,

3&4 Step L to L, Step R beside L, Step L to L,

5-6 Rock R fwd, Recover L,

7&8 Turn ¼ R stepping R to side, Step L beside R, Turn ¼ R stepping R fwd,

Part B (36 counts)

[33-40]: Rock, Recover, Step together, Rock, Recover, Step together, Heel cross, Unwind full turn

1-2& Slow rock step L to L, Recover R, Step L beside R,3&4 Quick rock step R to R, Recover L, Step R beside L,

Optional hugging hand movements for rock steps (Counts 33-36):



1-2& Open arms wide like you are starting to hug. Start closing the hug position by moving hands

together,

3&4 Cross your hands to your chest like you are hugging your self,

5 Cross L heel over R,

6-7-8 Unwind full turn, Weight ends on L,

[41-48]: V-step with hand movements, Walk x2, Step Lock Step

1-2 Step R out to R diagonal, Step L out to L diagonal,

3-4 Step R back in place, Step L back in place,

Easy hand movements for V-step (Counts 41-44):

1-2 Bring R hand up, Bring L hand up,

3-4 Bring R hand down, Bring L hand down,

5-6 Step R fwd, Step L fwd,

7&8 Step R fwd, Lock step L bhd R, Step R fwd,

[49-56]: Mambo step, Paddle ½ turn, Lock, Unwind full turn

1&2 Step L fwd, Recover R, Step L back,

&3&4 Rock R back, Recover L, Paddle R fwd on ball of foot, Turn ½ L on the spot,

Optional hand swivel movements for paddle turn (Counts 51-52):

Move your hands to R, Move your hands to L, Move your hands to R, Move your hands to L

(Like spring leaves)

5 Jump R fwd locking L bhd R,

6-7-8 Slow unwind full turn, Weight ends on L.

[57-64]: Cross rock, Sweep, Sailor step x2, Sway x2

1-2 Cross rock step R over L, Sweep R from front to back as you recover L,

3&4 Step R bhd L, Step L to L side, Step R to R side,5&6 Step L bhd R, Step R to R side, Step L to L side,

7-8 Sway R to R side, Sway L to L side,

[65-68]: Cross step with Full spiral turn, ½ turn with sweep, Cross rock, Recover, Step back

1 Cross R over L and make full spiral turn keeping weight on R,

2 Turn ½ L stepping L Fwd and sweep R from back to front (6:00)

Easy option without spiral turn for counts 65-66: Cross step, Unwind 1/2 turn, Cross step, sweep

1 Cross step R over L, Unwind ½ turn on the spot (6:00),

2 Cross Step L over R and sweep R from back to front,

3&4 Cross rock R over L (Angle body 7:30), Recover L, Step R back,

ENDING: To end the dance facing the front wall

[67-68]: Cross rock, Recover, 1/4 turn

3&4 Cross rock R over L (9:00), Recover L, Turn ¼ R stepping R to R side

Easy Cupid's Arrow hand movements for ending

Put your fists together infront of your body like you are putting an arrow to a bow, stretch the

bow and point it fwd,

5 Open your fist like you are shooting the arrow

Have fun!