

# Happiness

拍數: 64      牆數: 3      級數: High Beginner  
編舞者: Suzi Beau (ENG) & Mathew Sinyard (UK) - November 2020  
音樂: Happiness - McFly



Music Availability: Available on iTunes, Google Play and Amazon.

Sequence: Repeating

Restart: Wall 2 & 5

## SECTION 1 : SIDE TOGETHER SHUFFLE X2

1 - 2            Step Right to Right Side, Close Left to Right  
3 &4            Shuffle forward stepping Right, Left, Right  
5-6            Step Left to Left Side, Close Right to Left  
7&8            Shuffle forward stepping Left, Right, Left

## SECTION 2: FORWARD ROCK SHUFFLE 1/2 SHUFFLE 1/2 BACK ROCK

1-2            Rock forward on Right, Recover on Left  
3&4            Shuffle ½ turn Right Stepping Right, Left, Right  
5&6            Shuffle ½ turn right Stepping Left, Right, Left  
7-8            Rock back on Right, Recover on Left

Restart here on wall 5

## SECTION 3: PIVOT 1/4 WEAVE, CROSS ROCK

1-2            Step forward on Right, Pivot ¼ Left (9:00)  
3-4            Cross Right over Left, Step Left to Left Side  
5-6            Step Right behind Left, Step Left to Left Side  
7-8            Cross Rock Right over Left, Recover on Left

## SECTION 4: CHASSE, BACK ROCK, WALK ROUND TOUCH

1 &2            Step right to Right Side, Close Left To Right, Step right to Right Side  
3 -4            Rock back on Left, Recover on Right  
5-6            Walk ½ Turn Left in an arc stepping Left , Right  
7-8            Step forward on L, Touch Right by Left (3:00)

Restart here on Wall 2 facing 12:00

## SECTION 5 : SIDE , HOLD, BALL SIDE TOUCH, VINE

1-2            Step Right to Right Side, Hold  
&3-4            Close Left to Right, Step Right to Right Side, Touch Left by Right  
5-6            Step Left to Left Side, Step Right behind Left  
7-8            Step Left to Left Side, Touch Right by Left

## SECTION 6 SIDE, HOLD, BALL SIDE TOUCH, ROLLING VINE

1-2            Step Right to Right Side, Hold  
&3-4            Close Left to Right, Step Right to Right Side, Touch Left by Right  
5-6            Turn ¼ Left Stepping Left forward, Turn ½ Left Stepping back Right  
7-8            Turn ¼ Left Stepping Left to Left Side, Touch Right by Left

## SECTION 7: MONTEREY 1/4 X 2

1-2            Point Right to Right Side, Turn ¼ Right, Close Right to Left  
3-4            Point Left to Left Side, Close Left to Right  
5-6            Point Right to Right Side, Turn ¼ Right, Close Right to Left  
7-8            Point Left to Left Side, Close Left to Right (9:00)

## **SECTION 8 JAZZBOX , V STEP**

- 1-2            Cross Right over Left, Step back on Left
- 3-4            Step Right to Right Side, Step Forward Left
- 5-6            Step Right out to Right Diagonal, Step Left out to Left diagonal
- 7-8            Step Right Back, Close Left to Right

**Dance Choreographed for the dancers at The Smile Weekend at Torquay**

---